

Unit 4 Grammar Challenge

Comparatives and superlatives

1 Complete the second sentence so that it means the same. Use a comparative or superlative form of the bold word.

There is more **salt** in crisps than in breadsticks.

Crisps are saltier than breadsticks.

1 A salad is very **healthy**, but a burger isn't.

A salad is _____ than a burger.

2 Chocolate isn't very **nutritious**, compared with fruit.

Fruit is _____ than chocolate

3 Breakfast is more **important** than the other meals in your day.

Breakfast is the _____ meal of the day.

4 Eating a lot of fruit helps people to stay **fit**.

People who often eat fruit are _____ than people who never eat fruit.

5 Eating chocolate makes you **fat** but eating fruit doesn't.

Chocolate is _____ than fruit.

6 A fruit smoothie is **tastier** than the other drinks at the table.

A fruit smoothie is the _____ drink at the table.

2 Complete the text with the correct form of the superlative or comparative adjectives. Add *the* or *than* where necessary.

People who have a healthy diet are fitter than (fit) people who eat junk food. A baked potato

and salad is (1) _____ (nutritious) a burger and chips for lunch. Water is (2)

_____ (healthy) fizzy drinks. There are a (3) _____ (high) number of calories

in a bag of crisps than in an apple, so a bag of crisps is (4) _____ (fattening).

People who are overweight often have a lack of energy and are (5) _____ (tired) people

who are not overweight. (6) _____ (important) meal is breakfast and (7) _____

(healthy) breakfast is porridge. Eat (8) _____ (small) meal of the day in the evening and

this will help you lose weight.

Unit 4 Grammar Challenge

Countable and uncountable nouns

3 Put the nouns below in the correct columns.

baked potato burger egg meat milk muffin
rice salt sugar tuna wrap vegetable water

countable	uncountable
<i>vegetable</i>	

some, any, much, many and a lot of

4 Look at the chart and complete the sentences about Jane's diet. Use quantity words.

Never	Not very often	Sometimes	Very often
fizzy drinks	chocolate	burgers	fish
	sweets	fruit	vegetables

She eats some fruit.

- 1 She doesn't eat _____ sweets.
- 2 She eats _____ vegetables.
- 3 She doesn't eat _____ chocolate.
- 4 She doesn't drink _____ fizzy drinks.
- 5 She eats _____ fish.
- 6 She eats _____ burgers.

Unit 4 Grammar Challenge

too, too much, too many and (not) enough

5 Choose the correct word to complete each sentence.

Most people don't eat enough / **too many** fruit and vegetables.

- 1 People eat too **much** / **enough** junk food.
- 2 Their diet is **too** / **enough** unhealthy.
- 3 They eat too **many** / **much** snacks.
- 4 They **don't have** / **have not** enough vitamins in their diet.
- 5 Do they eat **enough food** / **food enough**?
- 6 They eat too **much** / **enough** sugar.