Habit #2
Begin with the End in Mind

Based on the work Stephen Covey
"Don’t let failure get in your way of success"

| **Albert Einstein** was not able to speak until he was almost 4 years old. His teachers said he would “never turn out to be something”. |
| **The Beatles** were rejected by a record company who said “we don’t like their sound. They have no future in show business.” |

| **Walt Disney** was fired from a newspaper for “lacking imagination” and “having no original ideas”. |
| **Oprah Winfrey** was demoted from her job as a news anchor because “she wasn’t fit for television”. |

| **Michael Jordan** was cut from his high school basketball team. |
| **Beethoven’s** music teacher once told him that he was a hopeless composer. |
Begin with the end in Mind

The 7 Habits: Begin With the End in Mind
Imagining the end

• Do you think people would talk about your resume?
• How much money you have made?
• How many cars or houses you own?

Or

• The kind of person you were to them. As husband, wife, brother, friend.
• How hard you worked to make others life better, kids, friends, and others.
• Your honesty, generosity, kindness, etc..
The meaning of Beginning with the end in Mind

To start with a clear understanding of your destination. It means to know where you’re going so that you better understand where you are now and so that the steps you take are always in the right direction.
The end for you
Discussion

What is “the end” for you?
What do you hope to be doing ten years from now?
Twenty? Make a list of things you want to do in your life.
(Handouts)
Developing a Personal Mission Statement

• A framework for defining what you want out of life and it works as a guidance for your habits, and decisions.

• How you want to contribute to the society.
Mission Statement, Part 1:
Write your name in a circle. Out from the circle, write words that describe you.

- Hard worker
- Athletic
- Patient
- Kind
Mission Statement, Part 2:

Now think about what kind of person you WANT to be. Make a list.

I want to be a:

1. Hard worker
2. Kind person

Helpful Tip: Think about the people you admire the most. E.g. Father, uncle, mother, your best friend…
Mission Statement, Part 3:

Use the two lists to write a mission statement. This is a sentence or paragraph about the person you want to be. Here are some examples:

- Success at home first.
- Seek and merit divine help.
- Never compromise with honesty.
- Remember the people involved.
- Hear both sides before judging.
- Obtain counsel of others.
- Defend those who are absent.
- Plan’s tomorrow work today.
- Maintain a positive attitude.
Personal Mission Statement Examples

• Keep a sense of humor.
• Do not fear mistakes.
• Facilitate the success of subordinates.
• Listen twice as much as you speak.
• Concentrate all abilities and efforts on the task at hand, not worrying about the next job or promotions.
How good are you at beginning with the end in mind?

I always keep the end in mind.

I only think about today.

Why did you rate yourself this way?
Saying “No”

How does saying “no” sometimes help you with “beginning with the end in mind”? What things do you have to say no to?
At the Center of life
Four life-support factors

- **Security**
  Self-worth, self-esteem, Personal strength, identity

- **Guidance**
  Source of direction in life. Governs your decisions.

- **Wisdom**
  Perspective on life, judgement, comparison

- **Power**
  Energy to make Decisions and choices, capacity to overcome habits.
Alternative Centers

What have you centered your life on?

Spouse, work, money, self, family, friend-enemy, religion etc.
Alternative Centers

• Spouse/Family = may concern is them.
• Money = thinking about the overtime
• Friend = Thinking if your friends are going to be there or not.
• Enemy = to harm the person you hate doing anything
• Religion = the view of religion about it.
• Self = what is better for you, how things affect you is your main concern.
A principle centered person

• You try to stand apart from all the emotions of the situation, other factors act up on you. Look at all the options, Evaluate them, evaluate the consequences, also (Family needs, work needs, other needs) to come up with the best solution taking all factors to consideration.

• You make your decision consciously that will have long term benefits. (Choosing to go to work because of an enemy or to contribute to the effectiveness of the company!?)
A principle centered person

• You can delegate what is delegable, and doing rest in the early morning. And you will be enjoy since you choose to stay or to work.
Credits:
This slide show was created by Rebecca Radicchi using the following resources.

1. The Seven Habits for Highly Effective People by Stephen Covey
2. The Seven Habits for Highly Effective Kids by Sean Covey
3. The Seven Habits for Highly Effective Teens by Sean Covey