

# **CHAPTER 24**

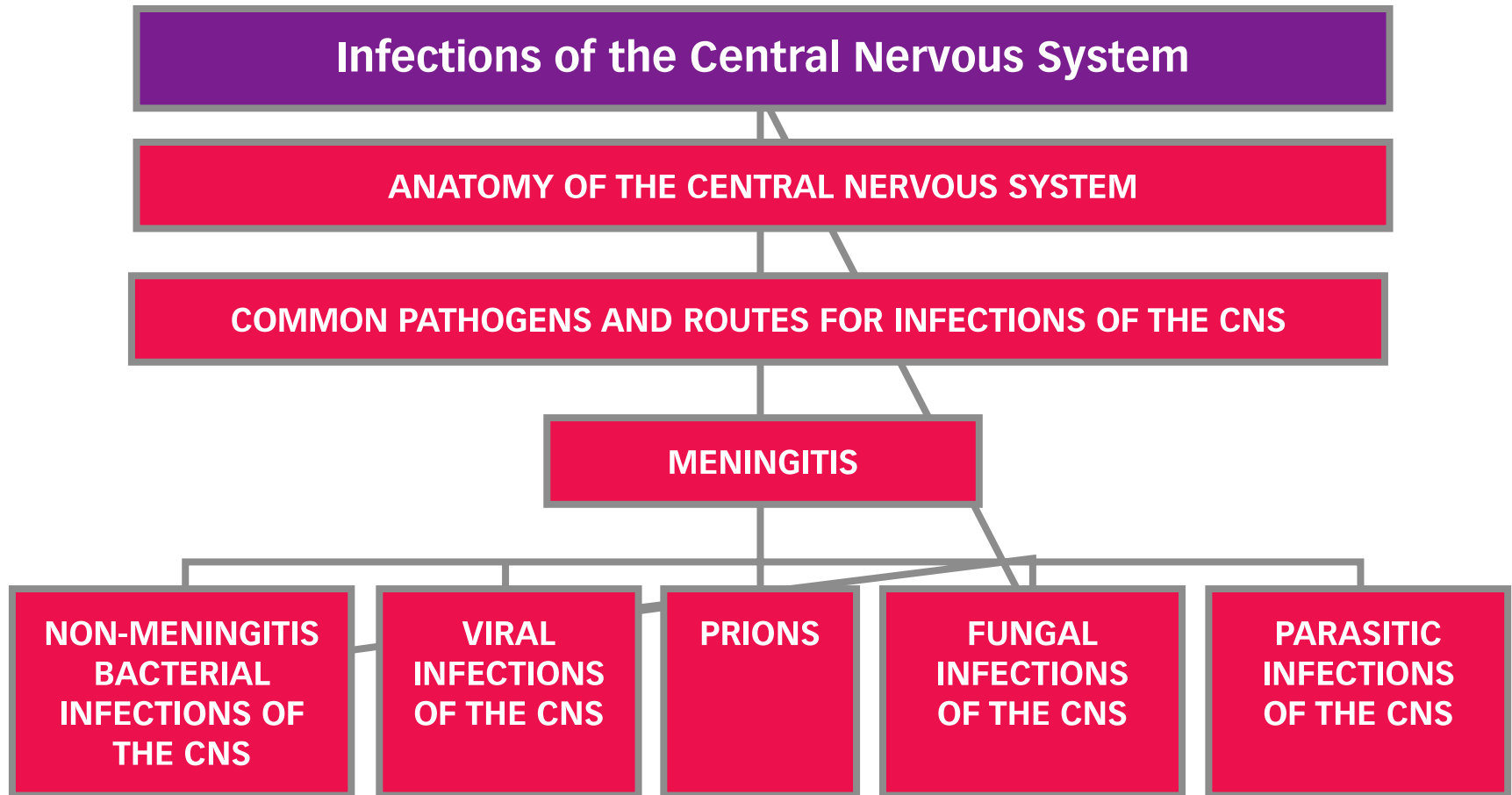
## **INFECTIONS OF THE CENTRAL NERVOUS SYSTEM**

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# OVERVIEW

- ▢ In some cases, the CNS is the main target
- ▢ In others, the CNS is a secondary target
- ▢ Infections of CNS can be caused by:
  - ▢ Bacteria, viruses, fungi, and parasites, like other body systems
  - ▢ Infectious proteins, called prions, that only infect the CNS

# OVERVIEW



# ANATOMY OF THE CNS

- ▢ CNS has two major parts
  - ▢ Brain
  - ▢ Spinal cord
- ▢ Both surrounded by three layers of connective tissue – meninges
- ▢ Cerebrospinal fluid is found in the subarachnoid space
- ▢ The brain and spinal cord are protected from the body by the blood-brain barrier
  - ▢ Protects against infectious disease
  - ▢ Some pathogens can pass through the blood-brain barrier

# ANATOMY OF THE CNS

- ▢ No room for swelling in the CNS
- ▢ Inflammation is one of the first and most formidable responses
  - ▢ Always causes swelling
- ▢ Vasogenic edema – swelling caused by inflammatory response in the subarachnoid space
- ▢ Cytotoxic edema – swelling from toxic substances produced by bacteria and neutrophil invasion

# ANATOMY OF THE CNS

- ▢ Infection can also affect proper brain function through:
  - ▢ Acidosis
  - ▢ Hypoxia
  - ▢ Destruction of neurons
- ▢ Effects of infection can be profound and irreversible
- ▢ Blood-brain barrier can make it difficult to treat CNS infections

# COMMON PATHOGENS AND ROUTES FOR CNS INFECTIONS

- ▢ Organisms reach the brain and spinal cord in a variety of ways
- ▢ Organisms in blood can enter the cerebrospinal fluid and cause meningitis
- ▢ Infections in the sinuses and mastoid air spaces eventually cause erosion of the skull bone
  - ▢ Pathogens can then enter the brain and cause abscesses
- ▢ Most CNS infections result from the passage of pathogens across the blood-brain barrier

# COMMON PATHOGENS AND ROUTES FOR CNS INFECTIONS

- CNS infections can be caused by:
  - Normal bacterial flora
  - Pathogens acquired through ingestion
  - Pathogens acquired during the birthing process
  - Contamination of shunts



# COMMON PATHOGENS OF THE CNS

- ▢ Bacterial meningitis usually caused by:
  - ▢ *H. influenzae*
  - ▢ *N. meningitidis*
  - ▢ *S. pneumoniae*
  - ▢ *L. monocytogenes*
  - ▢ *Staphylococcus*
- ▢ Group B streptococci often involved in meningitis in newborns
  - ▢ Acquired through the birthing process

# COMMON PATHOGENS OF THE CNS

- ▮ Deep fungal mycoses *Cryptococcus neoformans* and *Coccidioides immitis*

# COMMON PATHOGENS OF THE CNS

- ▢ Most common viral causes of acute CNS infections:
  - ▢ Enterovirus
  - ▢ Herpes simplex virus
  - ▢ HIV
  - ▢ Epstein-Barr virus
  - ▢ Also several arthropod-borne viruses
- ▢ Viral infections manifest as aseptic meningitis, encephalitis, and poliomyelitis

# COMMON PATHOGENS AND ROUTES FOR CNS INFECTIONS

- ▢ Initial source of a CNS infection is either:
  - ▢ Occult – infection of mononuclear phagocytic system cells
  - ▢ Overt – from complications of other infections
    - ▢ Pneumonia
    - ▢ Pharyngitis
    - ▢ Skin abscesses
    - ▢ Infectious endocarditis

# COMMON PATHOGENS AND ROUTES FOR CNS INFECTIONS

- ▢ The infection site can be close to or in direct contact with the CNS
- ▢ Pathogens can enter the CNS through:
  - ▢ Defects in the structures that encase the CNS
  - ▢ Opening left by surgical, traumatic, or congenital developmental abnormalities

# COMMON PATHOGENS AND ROUTES FOR CNS INFECTIONS

- ▢ Intraneural pathways are the least common route to the CNS
- ▢ Exceptions are:
  - ▢ Rabies virus – uses peripheral sensory nerves
  - ▢ Herpesvirus – uses trigeminal nerve

# COMMON PATHOGENS AND ROUTES FOR CNS INFECTIONS

- ▢ Brain abscesses are relatively rare, but present a special problem
- ▢ They can be found in:
  - ▢ Subdural space
  - ▢ Epidural space
  - ▢ Directly in the brain tissue
- ▢ Commonly formed by bacteria or fungi from a distant site
- ▢ Also result from:
  - ▢ Extensions of pathogens located at the site of mastoiditis or sinusitis
  - ▢ Surgical complications

# GENERAL TREATMENT OF CNS INFECTIONS

- ▮ Bacterial and fungal infections require prompt and aggressive treatment
- ▮ Treatment periods vary depending on the type of infection
  - ▮ 10 days to 12 months for uncomplicated cases
  - ▮ Longer if the infection is caused by *M. tuberculosis*
  - ▮ Treatment of fungal infections can last for years
  - ▮ Treatment of viral infections is mostly supportive



# MENINGITIS

- ▢ Broad category of infections of the fluid surrounding spinal cord and brain
- ▢ Usually caused by virus or bacteria – important to know which
  - ▢ Severity of illness differs
  - ▢ Treatments differ

# MENINGITIS:

## Bacterial

- ▢ Bacterial meningitis can be severe and cause:
  - ▢ Brain damage
  - ▢ Hearing loss
  - ▢ Learning disability
- ▢ Important to know type of bacterium
  - ▢ Antibiotic therapy can prevent its spread

# MENINGITIS:

## Bacterial

- ▢ Some forms of bacterial meningitis are contagious
  - ▢ Spread by exchange of respiratory and throat secretions
  - ▢ Not as contagious as the common cold
- ▢ *N. meningitidis* can spread to other people via close or prolonged contact
  - ▢ Bacterial meningitis concern for daycare centers and schools

# MENINGITIS:

## Viral

- ▢ Viral meningitis is generally less severe:
  - ▢ Usually resolves without treatment
- ▢ Caused by several types of virus:
  - ▢ 90% of cases by enterovirus
  - ▢ Also herpesvirus and mumps virus
- ▢ Viral meningitis rarely fatal if there is a competent immune system:
  - ▢ Patient usually recovers completely

# MENINGITIS:

## Diagnosis and Treatment

- ▢ Patients with any symptoms of meningitis should see a doctor immediately
- ▢ Diagnosis of the bacterial strain is usually made by growing bacteria from spinal fluid
  - ▢ Identification helps in selecting the most effective antibiotic therapy
- ▢ Early antibiotic therapy limits risk of death to 15%
- ▢ Viral meningitis is also diagnosed using spinal fluid
  - ▢ No antibiotic therapy
  - ▢ Bed rest, plenty of fluids, medicines to relieve fever and headache

# NON-MENINGITIS BACTERIAL INFECTIONS OF THE CNS

- ▢ Tetanus and botulism infections affect the CNS in different ways
  - ▢ Produce exotoxins with an affinity for CNS tissue
  - ▢ Antibiotic therapy is ineffective once the exotoxin has been produced

# TETANUS

## *(CLOSTRIDIUM TETANI)*

- ▣ Tetanus is caused by *Clostridium tetani*
  - ▣ Gram-positive
  - ▣ Anaerobic
  - ▣ Rod shaped
  - ▣ Produces a terminal spore

# TETANUS

## *(CLOSTRIDIUM TETANI)*

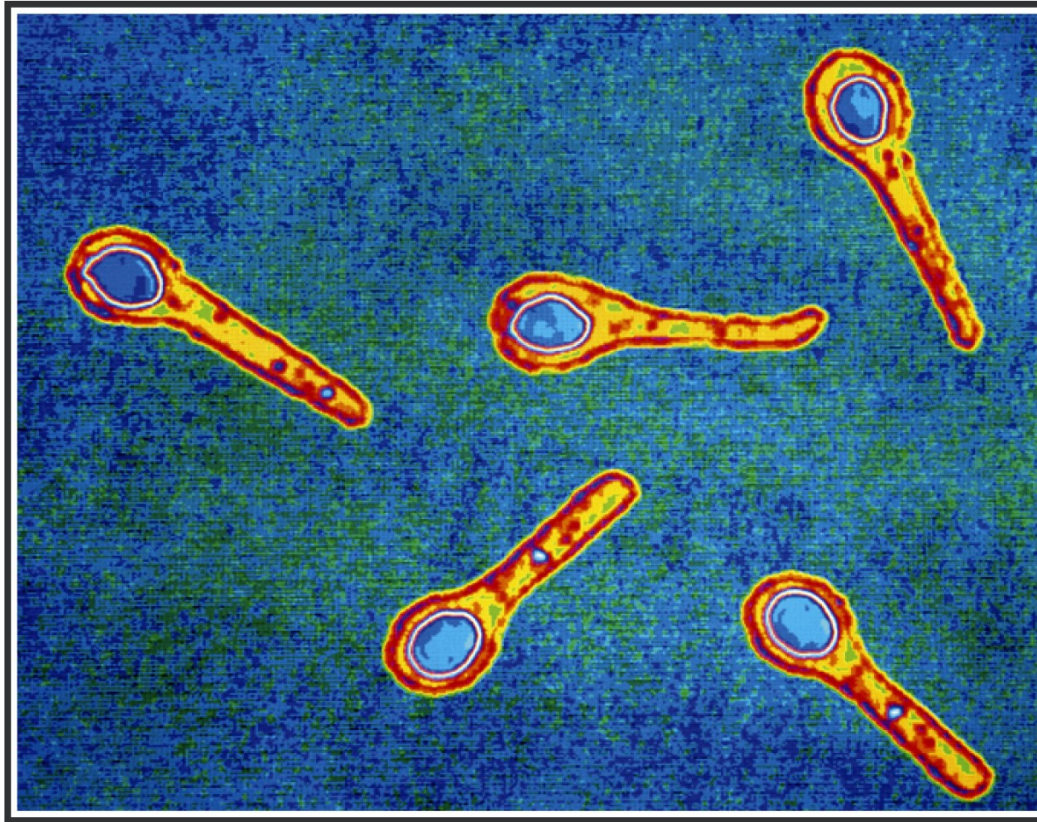


Figure 24.5 Microbiology: A Clinical Approach 2e (© Garland Science 2016)

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# TETANUS

## *(CLOSTRIDIUM TETANI)*

- ▢ *C. tetani* is a strict anaerobe
  - ▢ Cannot survive in the presence of oxygen
- ▢ Commonly found in the soil
  - ▢ Spores can survive there for years
  - ▢ Gets into wounds via contaminated soil
- ▢ Spores are very resistant to disinfectants and can withstand boiling

# TETANUS

## *(CLOSTRIDIUM TETANI)*

- ▢ Toxin produced by *C. tetani* is neurogenic
  - ▢ Affinity for and targets nervous tissue
- ▢ Called tetanospasmin or tetanus toxin
- ▢ Acts by enzymatically degrading proteins required for normal physiology

# TETANUS:

## Pathogenesis

- ▢ Tetanus spores require areas of low oxygen to germinate
  - ▢ Area of necrosis around tissue injury is perfect
  - ▢ Spores germinate and *Clostridium* begins to grow
- ▢ Bacteria do not cause damage to the tissue where they reside
  - ▢ Produce their neurogenic toxin
  - ▢ Toxin enters the presynaptic terminals of the lower motor neurons
  - ▢ From there, it gets into the CNS

# TETANUS: Pathogenesis

- ▢ Toxin acts at the anterior horn cells in the spinal cord
  - ▢ Blocks postsynaptic inhibition of the spinal motor reflexes
- ▢ Produces spasmodic contraction of the muscles
  - ▢ Occur locally at first
  - ▢ May extend up and down the spinal cord

# TETANUS:

## Pathogenesis

- ▢ Incubation period can vary between 4 days and several weeks
  - ▢ The shorter the incubation period, the more severe the infection
- ▢ Tetanus toxin is systemic for muscles
  - ▢ Masseter muscle of the jaw usually first to be affected
    - ▢ Mouth cannot be opened (sometimes called lockjaw)
  - ▢ Muscles for respiration and swallowing can eventually be compromised
  - ▢ Severe cases can suffer from opisthotonos
    - ▢ Head and heels move toward each other

# TETANUS: Pathogenesis



Figure 24.6 Microbiology: A Clinical Approach 2e (© Garland Science 2016)

# TETANUS:

## Pathogenesis

- ▢ Death results from exhaustion and respiratory failure
  - ▢ Mortality for untreated tetanus is 15 – 60%
- ▢ Several factors affect mortality:
  - ▢ Location of lesion
  - ▢ Incubation period
  - ▢ Age
    - ▢ Mortality is highest in infants and the elderly

# TETANUS:

## Treatment

- ▢ Antibiotics are not effective once toxin is produced
- ▢ Neutralization of the toxin with human tetanus immunoglobulin is important
- ▢ Additional supportive measures are:
  - ▢ Maintenance of a dark, quiet environment
  - ▢ Sedation
  - ▢ Provision of an adequate airway for breathing



# BOTULISM

## *(CLOSTRIDIUM BOTULINUM)*

- ▢ Etiologic agent is *Clostridium botulinum*
  - ▢ Gram-positive
  - ▢ Anaerobic
  - ▢ Spore-forming
  - ▢ Rod-shaped
- ▢ Found naturally in soil and sediments of ponds and lakes

# BOTULISM

## *(CLOSTRIDIUM BOTULINUM)*

- ▢ Spores contaminate food under anaerobic conditions
  - ▢ Spores convert to the vegetative state and begin to produce toxin.
- ▢ Contamination of food with botulinum toxin does not affect the smell, taste, or color
  - ▢ Commonly seen in cases of home canning
- ▢ Botulinum toxin is among the most poisonous toxins in the world

# BOTULISM: Pathogenesis

- ▢ Begins with cranial nerve palsy
  - ▢ Develops into a descending symmetrical motor paralysis
  - ▢ May involve the respiratory muscles
- ▢ No fever or inflammation
- ▢ No obvious sign of infection

# BOTULISM: Pathogenesis

- ▢ Time course of the infection depends on:
  - ▢ Amount of toxin
  - ▢ Whether toxin was ingested in a preformed state, or produced in the intestinal tract

# BOTULISM: Pathogenesis

- ▢ Foodborne botulism is classified as intoxication not infection
- ▢ Toxin is absorbed directly through the intestinal tract
  - ▢ Reaches a neuromuscular junction via bloodstream
  - ▢ Binds and inhibits the release of acetylcholine
    - ▢ Causes muscular paralysis

# BOTULISM: Pathogenesis

- ▢ Symptoms depend on which nerves are damaged
  - ▢ Damage is permanent
- ▢ Foodborne botulism usually starts 12-36 hours after ingestion of toxin
  - ▢ First symptoms are nausea, dry mouth, and sometimes diarrhea
- ▢ Nervous system dysfunction starts later
  - ▢ Includes blurred vision, pupillary dilation, and rapid eye movements

# BOTULISM: Pathogenesis

- ▢ Symmetrical paralysis begins with ocular, laryngeal, and respiratory muscles
  - ▢ Spreads to trunk and extremities
- ▢ Most serious complication is complete respiratory paralysis
  - ▢ Mortality rates are 10 – 20%

# BOTULISM: Pathogenesis

- ▢ Two other forms of botulism:
  - ▢ Infant form
  - ▢ Wound form
- ▢ Infant botulism is the most commonly diagnosed form



# BOTULISM:

## Pathogenesis

- ▢ Infant botulism occurs in infants between 3 weeks and 8 months old
  - ▢ Organism introduced on weaning or through dietary supplements, particularly honey
  - ▢ Multiplies in colon
  - ▢ Toxin is absorbed into the blood
- ▢ Symptoms are constipation, poor muscle tone, lethargy, and feeding problems
  - ▢ Severe cases can cause vision problems and paralysis

# BOTULISM: Pathogenesis

- ▢ Wound botulism is very rare
  - ▢ Usually seen in intravenous drug users
- ▢ Symptoms are similar to those of food poisoning
  - ▢ Usually begin with muscle weakness in extremities used for injection

# BOTULISM:

## Treatment

- ▢ Single most important determinant in survival is availability of intensive support measures, particularly mechanical ventilation
  - ▢ Mortality is less than 10% with proper ventilation
- ▢ Antibiotic therapy is only given to patients with the wound form

# VIRAL INFECTIONS OF THE CENTRAL NERVOUS SYSTEM

- ▢ Viruses can cause encephalitis
- ▢ Viruses can also cause other symptoms
- ▢ Such viral CNS infections can be split into:
  - ▢ Acute
  - ▢ Persistent

# RABIES

- ▢ Rabies is an acute and fatal viral CNS infection
- ▢ Can affect all mammals
- ▢ Transmitted by infected secretions (usually through a bite)
- ▢ Virus is large and bullet-shaped
  - ▢ Glycoproteins cover the entire virion

# RABIES:

## Pathogenesis

- ▢ Rabies involves severe neurological symptoms
- ▢ CNS abnormalities include:
  - ▢ Relentless progression of excess motor activity
  - ▢ Agitation
  - ▢ Hallucinations
- ▢ Also overproduction of saliva
  - ▢ Can be an inability to swallow

# RABIES:

## Pathogenesis

- ▢ Rabies exists in two forms:
  - ▢ Urban
  - ▢ Sylvatic
- ▢ Urban form is associated with unimmunized dogs and cats
- ▢ Sylvatic form is seen in wild animals
- ▢ Infection in humans incidental
  - ▢ Does not contribute to maintenance or transmission of infection

# RABIES:

## Pathogenesis

- ▢ First event of rabies infection is introduction of the virus
  - ▢ Usually through the epidermis via an animal bite
  - ▢ Also through inhalation of heavily contaminated material such as bat droppings



# RABIES:

## Pathogenesis

- ▢ Virus replicates at the site of infection
  - ▢ Immunization immediately after infection keeps virus from migrating into the nervous tissue
- ▢ Without intervention, virus moves into peripheral nervous system
  - ▢ Spreads into the CNS
  - ▢ Replicates exclusively in gray matter

# RABIES:

## Pathogenesis

- ▢ After replication, virus moves into other tissues
  - ▢ Adrenal medulla, kidneys, lungs, and salivary glands
- ▢ Lymphocytes and plasma cells infiltrate into the CNS
  - ▢ Destroy nerve cells
  - ▢ Primary lesion is the Negri body

# RABIES:

## Pathogenesis

- ▢ Incubation period varies from 10 days to as long as a year, depending on:
  - ▢ Amount of virus initially introduced
  - ▢ Amount of tissue infected
  - ▢ Host's immune response
  - ▢ Innervation at the site
  - ▢ Distance virus must travel to reach CNS

# RABIES:

## Pathogenesis

- ▢ Rabies presents as acute, fatal encephalitis
  - ▢ Once symptoms appear the infection is irreversibly fatal
- ▢ Illness begins with nonspecific fever, headache, malaise, nausea, and vomiting
- ▢ Onset of encephalitis is marked by:
  - ▢ Periods of excessive motor activity
  - ▢ Agitation accompanied by hallucinations
  - ▢ Combativeness
  - ▢ Muscle spasms
  - ▢ Seizures followed by coma

# RABIES:

## Pathogenesis

- ▢ There can also be:
  - ▢ Excessive salivation
  - ▢ Dysfunction of brain and cranial nerves
  - ▢ Double vision, facial palsy, and difficulty in swallowing
- ▢ Involvement of respiratory centers causes respiratory paralysis
  - ▢ Major cause of death
- ▢ Median survival after the onset of symptoms is 4 days

# RABIES:

## Treatment

- ▢ Prevention is the best cure
- ▢ Treatment consists of a course of injections
  - ▢ Only beneficial if administered before the onset of symptoms
- ▢ Mortality for rabies is 90%

# POLIO

- ▢ Condition first known as infantile paralysis
  - ▢ Risk of paralysis actually increases with age
- ▢ Poliomyelitis is essentially nonexistent in most modern countries
  - ▢ There is an effective vaccine
- ▢ Still a major problem in underdeveloped countries

# POLIO:

## Pathogenesis

- ▢ Virus is an enterovirus with an affinity for the CNS
  - ▢ Normally crosses the blood-brain barrier
  - ▢ Can also use axons or the perineural sheath of the peripheral nervous system
- ▢ Motor neurons are particularly vulnerable



# POLIO:

## Pathogenesis

- ▢ Various levels of neuronal destruction cause:
  - ▢ Necrosis of neural tissue
  - ▢ Infiltration by mononuclear cells, primarily lymphocytes
- ▢ 90% of poliomyelitis infections are very mild and subclinical
- ▢ Incubation time varies from 4 to 35 days
  - ▢ Average is about 10 days

# POLIO: Pathogenesis

- ▢ Three types of polio infection:
  - ▢ Abortive poliomyelitis
  - ▢ Nonparalytic poliomyelitis (aseptic meningitis)
  - ▢ Paralytic poliomyelitis

# POLIO: Pathogenesis

- ▢ Abortive poliomyelitis:
  - ▢ Nonspecific febrile illness
  - ▢ Lasts two to three days
  - ▢ No signs or symptoms

# POLIO: Pathogenesis

- ▢ Nonparalytic poliomyelitis (aseptic meningitis):
  - ▢ Characterized by meningeal irritation, stiff neck, back pain, and back stiffness
  - ▢ Rapid and complete recovery

# POLIO: Pathogenesis

- ▢ Paralytic poliomyelitis:
  - ▢ Occurs in 2% of persons infected
  - ▢ Characterized by asymmetric flaccid paralysis
    - ▢ Extent varies from case to case
  - ▢ Temporarily damaged neurons can regain function
    - ▢ Recovery can take six months
  - ▢ Paralysis persisting after this period is permanent

# POLIO: Prevention

- ▢ Polio vaccine essentially wiped out this infection
- ▢ Two types of vaccine:
  - ▢ Inactive form
  - ▢ Live attenuated form

# VIRAL ENCEPHALITIS

- ▢ Neurological infections classified as viral encephalitis are caused by arboviruses
  - ▢ Not a microbial taxonomic group
  - ▢ There is a variety of clinical types
  - ▢ These viruses are common in US
    - ▢ Increased occurrence of infections in summer months due to increased number of mosquitoes

# VIRAL ENCEPHALITIS

- ▢ Infections range in severity from subclinical symptoms to rapid death
- ▢ Infections are all characterized by chills, headache, and fever
  - ▢ Can lead to mental confusion and coma
- ▢ Survivors can subsequently develop permanent neurological disease



# VIRAL ENCEPHALITIS

- ▢ Both horses and people are affected by arboviruses:
  - ▢ Eastern equine encephalitis (EEE)
  - ▢ Western equine encephalitis (WEE)
    - ▢ Both cause severe infection in humans
- ▢ St. Louis encephalitis is the most common form of arbovirus encephalitis
  - ▢ Less than 1% show clinical symptoms

# VIRAL ENCEPHALITIS

- ▢ West Nile virus is an emerging encephalitis infection
  - ▢ Mostly affects birds
  - ▢ Can also infect humans and horses
    - ▢ Most human cases are subclinical
    - ▢ Some can be a severe infection with rapid death in elderly

# PERSISTENT VIRAL CNS INFECTIONS

- ▢ Progressive neurological diseases in both humans and animals are caused by viruses
  - ▢ Termed slow viral disease
  - ▢ Better term is persistent viral infection
    - ▢ Long period between infection and illness
    - ▢ Prolonged period of illness

# PERSISTENT VIRAL CNS INFECTIONS

- ▢ Subacute sclerosing panencephalitis:
  - ▢ Rare chronic measles infection
  - ▢ Occurs in children
  - ▢ Produces progressive neurological disease
  - ▢ Insidious onset of personality change, progressive intellectual deterioration, and dysfunction of the autonomic nervous system

# PERSISTENT VIRAL CNS INFECTIONS

- ▢ AIDS dementia complex
  - ▢ Part of pathology of HIV infection
  - ▢ In asymptomatic AIDS patients
  - ▢ Varies from mild to severe progressive dementia

# PERSISTENT VIRAL CNS INFECTIONS

- ▢ Persistent enterovirus infection:
  - ▢ Seen in patients with congenital or acquired immunodeficiency
  - ▢ Chronic CNS infection
  - ▢ Characterized by headache, confusion, lethargy, seizures, and increased numbers of mononuclear cells in CNS
  - ▢ Caused by both echoviruses and enteroviruses

# PRIONS

- ▢ Prions (infectious proteins) cause five fatal CNS infections in mammals
- ▢ Prions do not elicit inflammatory or immune responses in a host
- ▢ Pathogenesis of these infections is not well understood but they have similar features
  - ▢ Loss of neurons
  - ▢ Proliferation of astrocytes
  - ▢ Vacuoles seen in the brain cortex and cerebellum

# PRIONS

- ▢ Incubation period can be from months to years
- ▢ Course of infection is protracted and always fatal
- ▢ Prions are very hard to destroy:
  - ▢ Remain viable in brain tissue after years of being immersed in formalin
  - ▢ Resistant to ionizing radiation and many common disinfectants



# PRION INFECTIONS: Kuru

- ▣ Subacute progressive neurological disease
  - ▣ Discovered 1957 in the cannibalistic Fore people of New Guinea
- ▣ Symptoms are failure of muscular coordination, hyperactive reflexes, and muscular spasms
- ▣ Leads to progressive dementia and death
- ▣ Causes diffuse neuronal degeneration and spongiform change of the cerebral cortex and basal ganglia

# **PRION INFECTIONS:**

## **Fatal Familial Insomnia**

- ▢ Presents as a difficulty in sleeping followed by increasingly progressive dementia
- ▢ Occurs in people between 35-61 years
- ▢ Always fatal
  - ▢ Death occurs between 13-25 months after diagnosis

# PRION INFECTIONS:

## Creutzfeld-Jacob disease

- ▢ Progressive fatal infection often seen in patients aged 60-70 years
- ▢ Initially presents as a change in cerebral function
  - ▢ Often mistaken for a psychiatric disorder
  - ▢ Patient exhibits forgetfulness and disorientation
  - ▢ Progresses to overt dementia

# PRION INFECTIONS:

## Creutzfeldt-Jacob disease

- ▢ Progression can last 4 – 7 months and involve changes in gait, involuntary movements, and seizures
- ▢ There is eventual paralysis, wasting, pneumonia, and death
- ▢ Infection seen throughout the world
  - ▢ One case per million people is reported each year

# PRION INFECTIONS:

## Creutzfeld-Jacob disease

- ▢ Mode of transmission is essentially unknown but could include:
  - ▢ Contaminated dura mater grafts and corneal transplants
  - ▢ Contact with contaminated instruments used in neurosurgical procedures
- ▢ Transmission has also been linked to contaminated growth hormone
- ▢ No evidence of transmission by direct contact or airborne spread

# PRION INFECTIONS:

## Creutzfeldt-Jacob disease

- ▢ Incubation period is anywhere from 3-20 years
- ▢ Pathology identical to that seen in kuru
  - ▢ High levels of prions are found in the brain
- ▢ Examination of brain tissue is the only way to confirm the disease
- ▢ There is no treatment

# PRION INFECTIONS:

## Bovine Spongiform Encephalopathy

- ▣ BSE (mad cow disease) was first identified in the UK in 1986
  - ▣ Source of prions traced to cattle feed containing bonemeal from sheep that had scrapie
  - ▣ Cows ate the feed and became infected
  - ▣ The infection passed to humans who ate infected beef
- ▣ Infection in humans is known as variant Creutzfeldt-Jacob disease (vCJD)
  - ▣ Cases frequently present in young adults
  - ▣ Presents as psychiatric problems progressing to dementia
  - ▣ Average life expectancy after diagnosis is 14 months

# FUNGAL INFECTIONS OF THE CNS

- ▢ Primarily opportunistic
- ▢ Usually seen in immunocompromised patients



# CRYPTOCOCCOSIS

- ▢ Cryptococcosis is the most important fungal CNS infection
- ▢ Caused by *Cryptococcus neoformans*
  - ▢ Encapsulated form of yeast
  - ▢ Capsule production varies with the strain and environmental conditions
  - ▢ Found throughout world, especially in soil contaminated with bird droppings
    - ▢ Birds are not sick from this fungus

# CRYPTOCOCCOSIS: Pathogenesis

- ▢ Causes a chronic form of meningitis
  - ▢ Slow, insidious onset
  - ▢ Symptoms include low-grade fever and headache
  - ▢ Progresses to altered mental status and seizures

# CRYPTOCOCCOSIS:

## Pathogenesis

- ▢ Infection usually seen in immunocompromised patients
  - ▢ Common in AIDS patients
- ▢ Infection begins with inhalation of the yeast cells
- ▢ Each yeast cell begins to overproduce its capsule
  - ▢ Capsule is anti-phagocytic
  - ▢ Can bind to complement components
    - ▢ Reduces opsonization
  - ▢ Can interfere with the presentation of antigens to T cells
    - ▢ Inhibits the adaptive immune response

# CRYPTOCOCCOSIS:

## Pathogenesis

- ▢ After inhalation, yeast cells multiply outside the lungs and move into the nervous system
- ▢ Initial symptoms can continue for weeks or months
  - ▢ Intermittent headache, dizziness, and difficulty with complex cerebral function
- ▢ Later stages of the infection show:
  - ▢ Seizures, cranial nerve damage, and papilledema (edema of the optic nerve)
  - ▢ Dementia and decreased levels of consciousness
- ▢ Progression of disease is accelerated in patients with AIDS

# CRYPTOCOCCOSIS:

## Treatment

- ▢ Amphotericin B and fluconazole are effective
- ▢ 75% patients with cryptococcal meningitis initially respond to treatment
  - ▢ Significant portion relapse when therapy is stopped
- ▢ Patients with chronic infection require repeated courses
- ▢ Residual neurological damage occurs in more than half of cured patients

# PARASITIC INFECTIONS OF THE CENTRAL NERVOUS SYSTEM

- ▢ Free living amebas can infect the CNS
  - ▢ Cause primary amebic meningoencephalitis
- ▢ Infections are rare and usually fatal

# PRIMARY AMEBIC MENINGOENCEPHALITIS

- ▢ Caused by free-living amebas of two genera
  - ▢ *Naegleria*
  - ▢ *Acanthamoeba*
- ▢ *Naegleria* is found in large numbers in shallow freshwater ponds, especially in warm weather
  - ▢ Acquired by swimming in fresh water
  - ▢ Infection seen in children and young adults
- ▢ *Naegleria* infection is infrequent and almost always fatal

# PRIMARY AMEBIC MENINGOENCEPHALITIS

- ▣ *Acanthamoeba* causes a sub-acute or chronic illness
  - ▣ Almost always fatal
- ▣ *Acanthamoeba* found in soil and fresh brackish water
  - ▣ Most occur in the southeastern US
  - ▣ Patients typically fall ill during the summer after swimming or water skiing in small shallow freshwater lakes
- ▣ *Acanthamoeba* is also found in the oropharynx of asymptomatic humans



# AMEBIC MENINGOENCEPHALITIS:

## Pathogenesis

- ▢ *Naegleria* enters the CNS by traversing the nasal mucosa and cribriform plate
- ▢ In the CNS produces a purulent, hemorrhagic inflammatory reaction
  - ▢ Extends from the olfactory bulb to other regions of the brain
- ▢ Characterized by rapid onset of severe bifrontal headache and seizures
  - ▢ Occasionally abnormal sense of taste and smell
- ▢ Progresses to coma and death within days
- ▢ Wet mounts of cerebrospinal fluid reveal trophozoite forms of the parasite

# AMEBIC MENINGOENCEPHALITIS:

## Pathogenesis

- Epidemiology of *Acanthamoeba* encephalitis is not clearly defined
  - Known to involve the elderly and immunocompromised
- Thought that the ameba reaches the brain by hematogenous dissemination
  - Site of infection is unknown, possibly respiratory, eye, or skin
- Infection produces diffuse necrotizing granulomatous encephalitis

# AMEBIC MENINGOENCEPHALITIS: Pathogenesis

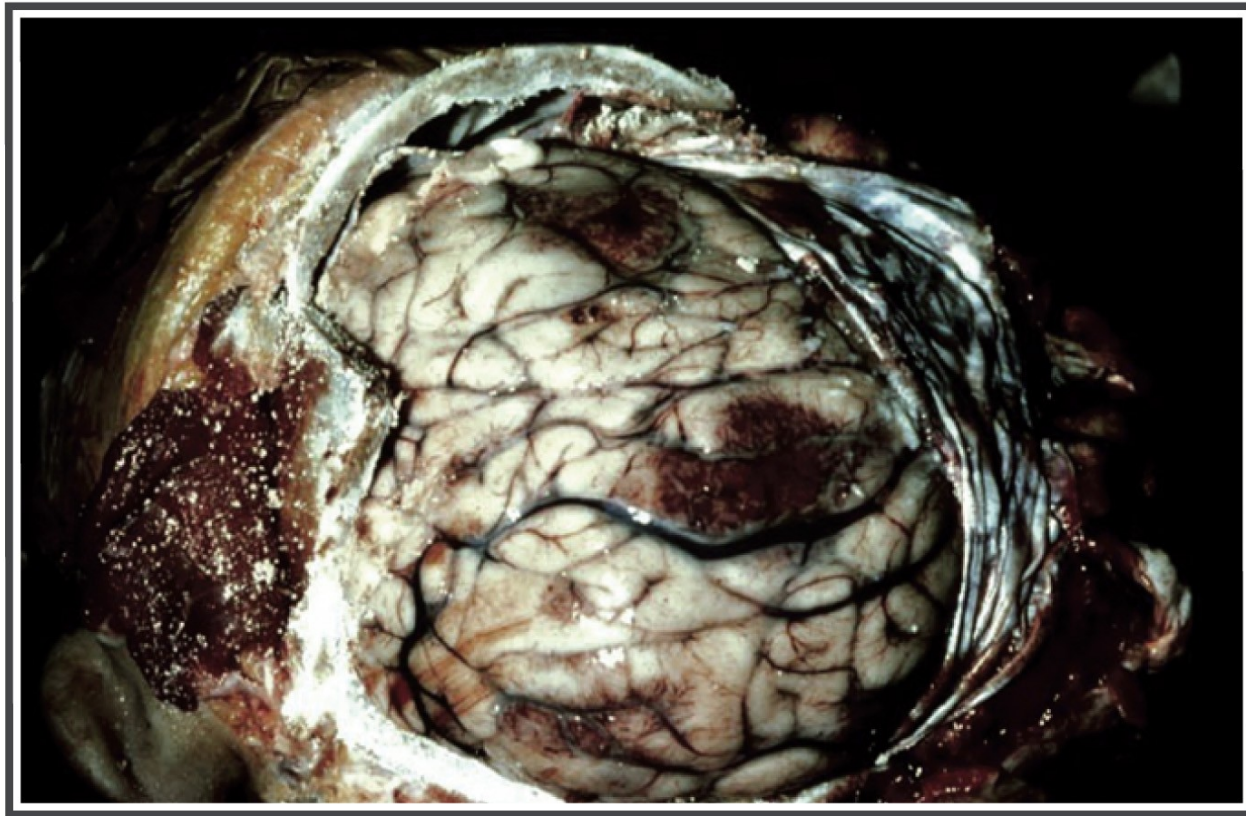


Figure 24.13 Microbiology: A Clinical Approach 2e (© Garland Science 2016)

Courtesy of Dr. Andrew Bollen and Dr. Walter Finkbeiner.

# AMEBIC MENINGOENCEPHALITIS:

## Pathogenesis

- ▢ Both cysts and trophozoites can be found in lesions
- ▢ AIDS patients can have:
  - ▢ Cutaneous ulcers and hard nodules containing amebas
  - ▢ Amebas in the cerebrospinal fluid
- ▢ Clinical course of *Acanthamoeba* infection is more prolonged than that of *Naegleria*
- ▢ *Acanthamoeba* occasionally ends in spontaneous recovery

# AMEBIC MENINGOENCEPHALITIS:

## Treatment

- ▣ Few patients have ever survived infection with *Naegleria*
  - ▣ All were diagnosed early
  - ▣ Treated with high doses of amphotericin B with rifampin