



Lecturer /Assist.Prof.Dr. Kareem Fattah Aziz

Lecture 12



Definition: First aid is the care initially provided to a person when an injury or illness occurs. It is typically performed by people who are not medical experts but have studied or been taught how to deal with certain injuries or illnesses. The main purposes of first aid are to preserve a person's life, prevent further harm, and promote recovery. Examples of first aid include performing cardiopulmonary resuscitation (CPR),

Types of victims need first aid:

- 1.Helping choking victims,
- 2.Taking a person's vital signs,
3. Cleaning and applying bandages to minor cuts and wounds.

4.It is important to know first aid because it can prevent injuries or illnesses from progressing in severity, and it can save lives.

5. Standard bandages, ointments, dressings, and medications in a first aid, bleeding can be stopped, infection can be prevented, and heart attack victims can have a greater chance of survival. Most people are aware of how important it is to have a first aid kit at home, but it is equally important to carry a first aid kit with you in your car so that it is available in case of an accident.

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What is ABC?

There are certain first aid skills that are critically important to know. One such skill set is known as the (ABC's) of first aid. This stands for **airway, breathing, and circulation**. When performing this life-saving measure, you check that the airway is not obstructed and clear it if necessary, then you assess the person's breathing and perform rescue breathing if needed, and finally you assess the person's circulation by checking for a pulse and provide chest compressions if necessary.



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Essential skills for nurses in First aid:

- 1.To give first aid for different victims
- 2.put good plans
- 3.Care given to a person who has been injured or become suddenly ill before the arrival of medical personnel'
- 4.Nurses apply principles of care in settings.
5. Nurses training to practice in both hospital and community and children.

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Emergency Care and First Aid for Nurses

- 1.Since historic times, first aid has been an important component of medical care.
- 2.Nurses are often the first to deal with patients who are in need of immediate care, and it is vital for them to be updated with knowledge of emergency care practices.
- 3.Essentially, first aid is the initial assistance given to a victim of injury or illness, before he or she can be attended to by a professional team.
- 4.Very often quick medical treatment carried out with a clear head and presence of mind can save the life of the patient, and therefore the importance of first aid cannot be understated.

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Why is first aid so important for nurses?

1. they will need all the expertise and skilled hands they can find.

2. The first aid and emergency care measures administered by nurses can often mark the difference between life and death.

3. Nurses who are experienced in first aid become an invaluable support not only to the patients, but the information they can provide proves to be critical to professional emergency responders and medical practitioners.

4. In just six minutes, the human brain can become incapacitated due to lack of oxygen. Nurses administering first aid should have enough knowledge and expertise to ensure that the right methods of administering medical assistance are provided to prevent such problems.

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RNs can work in a variety of healthcare settings, including:

- Hospitals
- Skilled Nursing Facilities
- Outpatient Settings
- Physician Offices
- Clinics
- Insurance Companies
- Government
- Community Health
- Elementary or High Schools
- Universities
- Correctional Healthcare Facilities

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Types of Nursing Specialties for RN with Bachelor :

Some nursing [specialties](#) are only available to RNs with a Bachelor's of Science in Nursing (BSN) or higher. These may include:

- Infection Control
- Quality Control
- Case Management
- Healthcare Informatics
- Assistant Nurse Manager

- Charge Nurse
- Nurse Educator
- Clinical Development Specialist / Training & Development Specialist



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References:

Available at <https://www.healthline.com/health/first-aid> and accessed at [21-4-2021](#)