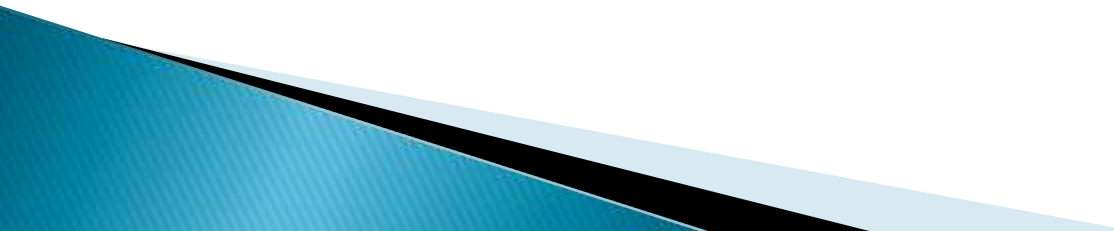


SOFT TISSUE DISORDERS



INTRODUCTION

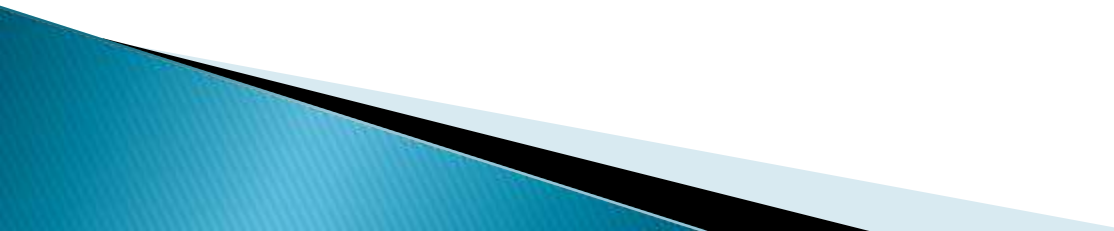
- ▶ Soft tissue disorders are medical conditions affecting **soft tissue**.
- ▶ Often soft tissue injuries are some of the most chronically painful and difficult to treat because it is very difficult to see what is going on under the skin with the soft connective tissues, fascia, joints, muscles and tendons.

- ▶ Musculoskeletal specialists, manual therapists and neuromuscular physiologists and neurologists specialize in treating injuries and ailments in the soft tissue areas of the body. These specialized clinicians often develop innovative ways to manipulate the soft tissue to speed natural healing and relieve the mysterious pain that often accompanies soft tissue injuries.
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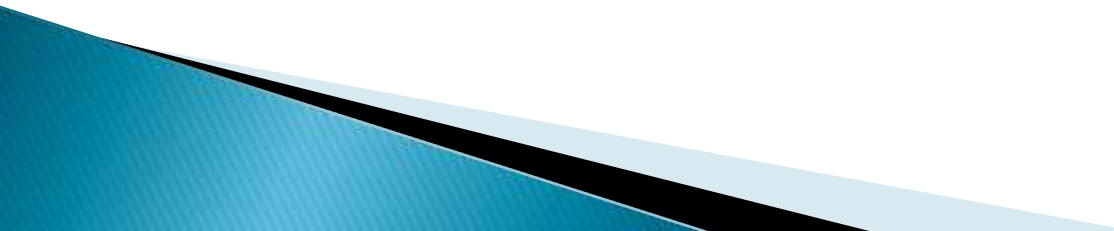
- ▶ A promising new method of treating wounds and soft tissue injuries is via platelet growth factor (PGF)
- ▶ There is a close overlap between the term "soft tissue disorder" and rheumatism. Sometimes the term "soft tissue rheumatic disorders" is used to describe these conditions.

- ▶ **Myositis** means muscle inflammation, and can be caused by infection, injury, certain medicines, exercise, and chronic disease.
- ▶ **Calcification of muscle**
When calcium builds up in places where it doesn't usually appear, like the coronary arteries or brain, it is known as calcification.

- ▶ **Diastasis** of muscle is the separation of parts of the body that are normally joined together, such as the separation of certain abdominal muscles during pregnancy, or of adjacent bones without fracture.

- ▶ **Atrophy** is the partial or complete wasting away of a part of the body.
 - ▶ Causes of atrophy include mutations, poor nourishment, poor circulation, loss of hormonal support, loss of nerve supply to the target organ, excessive amount of apoptosis of cells, and disuse or lack of exercise or disease intrinsic to the tissue itself.
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ICD-10-CM GUIDELINES

- ▶ Myositis–M60
 - ▶ Calcification and ossification of muscle–M61
 - ▶ Other disorders of muscle–M62
 - ▶ Disorders of muscle in diseases classified elsewhere–M63
 - ▶ Code first underlying diseases
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- ▶ Synovitis and tenosynovitis–M65
- ▶ Spontaneous rupture of synovium and tendon–M66
- ▶ Other disorders of synovium and tendon–M67
- ▶ <https://www.medesunglobal.com>

THANK YOU