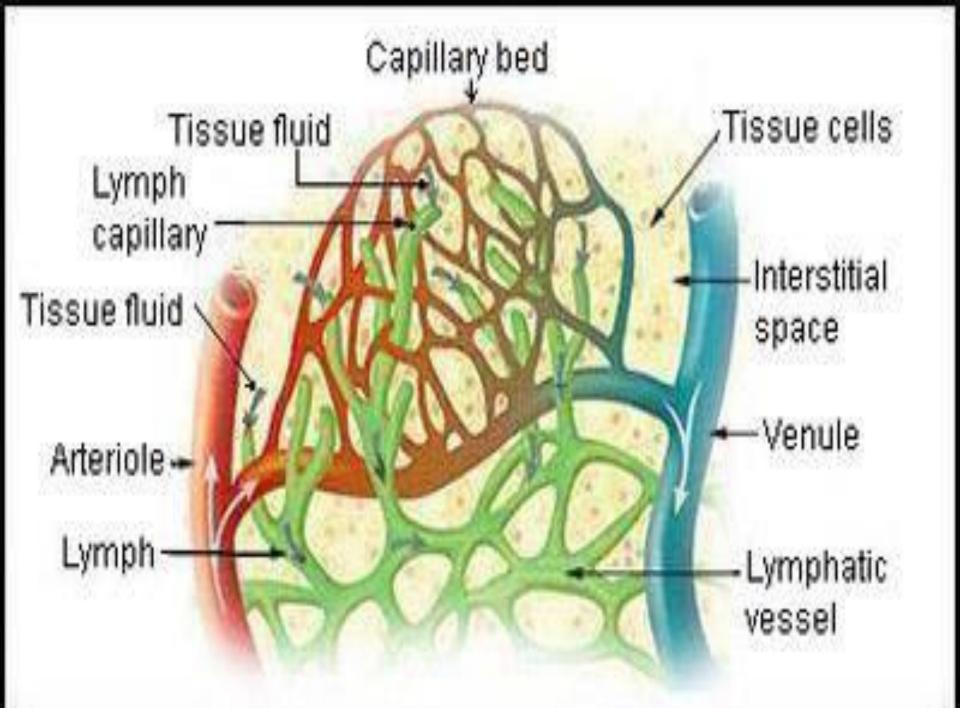
# Anatomy of Lymphatic System

### Lymphatic System

- protects body against foreign material
- assists in circulation of body fluids between cells and bloodstream
- transports dietary fats

# Lymphatic System

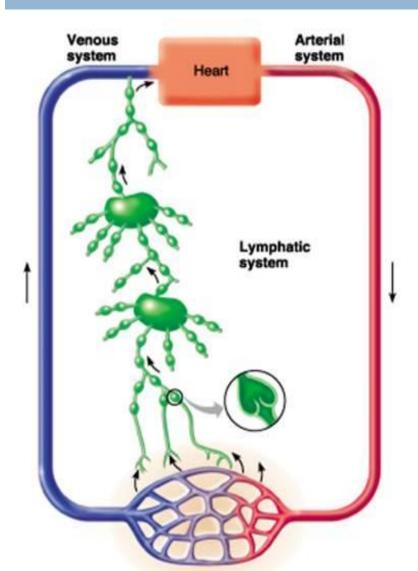
- Consists of:
  - lymph
  - network of vessels
  - lymph nodes and nodules
  - tonsils
  - spleen
  - thymus gland



#### Lymph (lympha = clear fluid)

- derived from tissue fluid
- contains more white blood cells than plasma
- enters node through afferent lymphatic vessels
- flows through node in one direction

#### LYMPHATIC SYSTEM



*Essentially a drainage system accessory to venous system* 

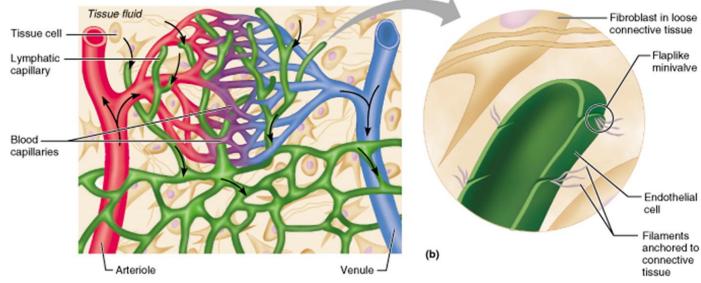
*larger particles that escape into tissue fluid can only be removed via lymphatic system* 

# Lymph

- flows through sinuses in lymph node cortex and then into the medulla
- exits the lymph node through efferent lymphatic vessels
- must be returned to blood stream to maintain blood volume and pressure

### Lymph Vessels

#### resemble veins but have thinner walls and more valves



(a)

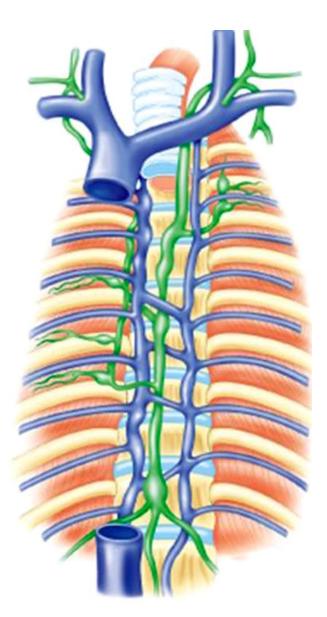
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# Lymph Vessels

- no pump for lymph
- Lymph is kept moving by:
  - constriction of vessels
  - skeletal muscle pump
  - respiratory pump
- at intervals along vessels lymph flows into lymph nodes
- lymphatic vessels unite to form lymph trunks

### Lymph Trunks

- formed by lymphatic vessels uniting
- large tubes
- empty their lymph into lymphatic ducts



#### Lymphatic Ducts

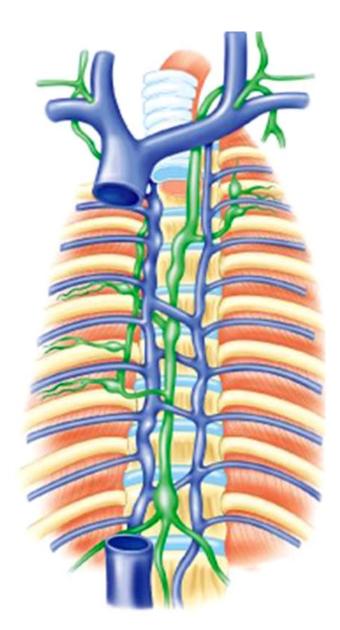
- Lymph empties into two conducting ducts:
  - the thoracic duct (left lymphatic duct)
  - the right lymphatic duct

Lymph from these ducts enters the blood stream via the left subclavian vein and the right subclavian vein Thoracic Duct (left lymphatic duct)

- about 15-18 inches (38-45 cm) in length
- begins as a dilation called the cisterna chyli
- main collecting duct of lymphatic system
- receives lymph from lower body and upper left quadrant
- empties into the left subclavian vein

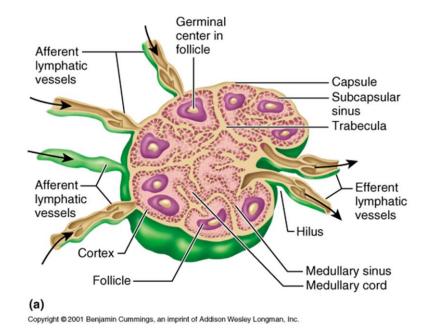
#### Right Lymphatic Duct

- about 0.5 inches (1.5 cm) in length
- receives lymph from upper right quadrant
- empties into the right subclavian vein



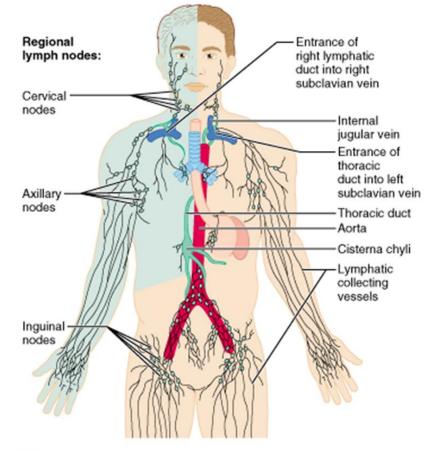
# Lymph Nodes

- oval or bean-shaped
- masses of lymphatic tissue
- aid in defense and white blood cell formation
- located along length of lymphatic vessels
- scattered throughout the body usually in clusters



# Major Lymph Nodes

- cervical
- axillary
- inguinal
- mesenteric



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#### Cervical

- located in neck area
- filter lymph from head and neck

#### Axillary

- located in armpits
- filter lymph from hand, arm, breast

# Inguinal

- located in groin area
- filter lymph from lower extremities and external genital organs

#### Mesenteric

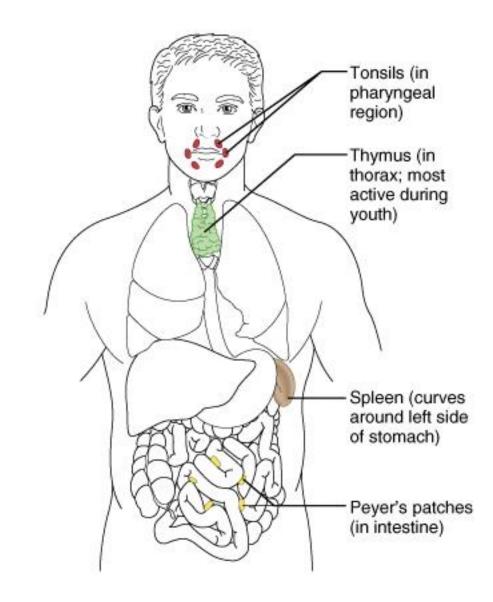
- located in abdominal peritoneum
- aid in infection control after abdominal surgery
- filter lymph from abdominal cavity

#### Metastasis

- process by which bacteria or body cells are spread from one body part to another through lymphatic or circulatory systems
- cancer cells migrate to nearby nodes, eg.
  breast cancer to axillary nodes chemotherapy is necessary once metastasis
  occurs

### Tonsils

- aggregations of large lymphatic nodules
- embedded in mucous membrane
- located beneath epithelium of pharynx and oral cavities
- protect nasal and oral cavities
- Three types:
  - nasopharyngeal tonsils
  - palatine tonsils
  - lingual tonsils



### Nasopharyngeal Tonsils

- commonly called adenoids
- Located:
  - behind nose
  - on roof of posterior wall of pharynx
  - posterior opening of nasal cavity

#### **Palatine Tonsils**

• usually referred to as the "tonsils"

#### Location:

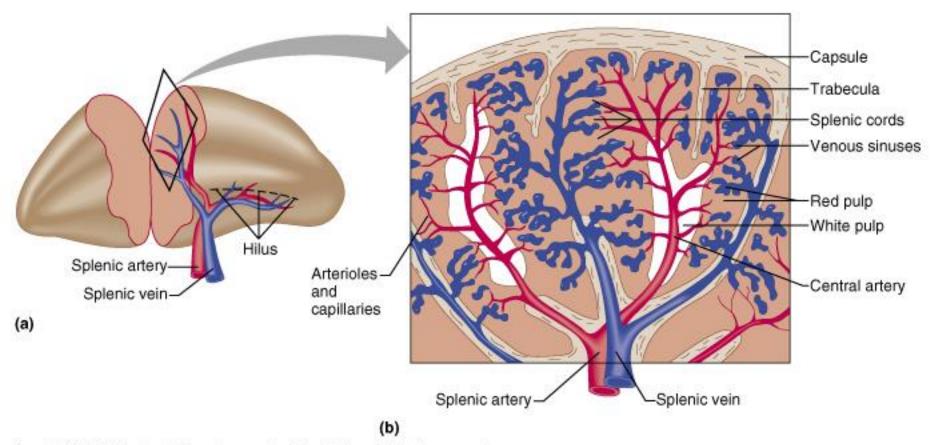
- back of mouth
- lateral walls of pharynx
- most commonly removed tonsillectomy

### **Lingual Tonsils**

- base of tongue
- first line of defense from exterior

### Spleen

- largest lymphatic organ
- located in upper left abdominal quadrant
- between fundus of stomach and diaphragm
- 5-6 inches long, 2-3 inches wide
- resembles a large lymph node
- filters blood



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#### Structure of Spleen

#### capsule

- covering of dense connective tissue
- hilum
  - depression on medial surface
  - nerves and arteries enter spleen, veins and lymphatic vessel exit

#### Structure of Spleen (cont.)

#### trabeculae

- extensions of capsule, form partitions within the spleen

- pulp
  - tissue inside
  - divided into red and white

#### White Pulp

- consists of lymphatic tissue
- mostly lymphocytes arranged around central arteries

# Red Pulp

#### Consists of:

- venous sinuses filled with blood
- cords of splenic tissue

consists of red blood cells, macrophages, lymphocytes, plasma cells, and granulocytes

### **Functions of Spleen**

- phagocytosis of bacteria and worn out or damaged red blood cells and platelets
- stores and releases blood in times of demand, e.g., hemorrhage
- functions in immunity as a site of B cell proliferation into plasma cells
- does not filter lymph because it has no afferent lymphatic vessels or lymph sinuses

# **Thymus Gland**

- two-lobed organ
- located in upper part of chest along trachea
- inferior to thyroid gland, posterior to sternum
- largest and most active during prenatal period and infancy
- after puberty it decreases in size

# **Thymus Gland**

- composed of lymphatic tissue
- subdivided into lobules
- immature T cells originating in the bone marrow migrate to thymus via blood
- in thymus, cells develop into mature T cells for release into circulation
- thymic hormones aid in maturation of T cells

#### Removal of Thymus (thymectomy)

- can be removed but decreased T-cell production results
- possible acute susceptibility to infection

Removal of Spleen (splenectomy)

- can be removed
- other organs, e.g. the liver and bone marrow can compensate for it
- increased susceptibility to disease may result

#### MALT..

- Is mucosa associated lymphatic tissues.
- It is infiltration of mucosa by large numbers of lymphocytes.
- Ex. Peyres patches of small intestine