

## Lecture 7 Sociology and nursing practice

### Three facts about new medical technology ///

- 1) The devices are often not well designed for the medical environment in which they are used;
- 2) The user is often not trained properly to use these devices; .
- 3) The (new) procedures often result in long learning curves for health professionals or physicians.

### Positive effects of medical technology ///

- 1-help prolong the life .
- 2-help doctors in their medical intervention.
- 3-help diagnosis and quick treatment.
- 4-heip avoiding medical errors.

### Negative effects of medical technology ///

- 1-for example gamma ray is used to destroy cancer cell in brain if there is miscalculation may destroy other cells in cancer cells.
  - 2-machine working not in proper way.
  - 3-expensive in cost .
  - 4- Medical technology has health risks for doctors and health professionals as x-ray machine and MRI.
  - 5-negative effects on patient is it was misused.
  - 6-not sufficient expert workers with medical devices.
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## Sociology and nursing practice

Sociological knowledge also allows nurses to enhance the quality of patient care. Understanding individual patients' social context provides a significant insight into how they experience the world, in particular their experience of health and care. This allows nurses to reflect on their actions towards patients from different social backgrounds, taking into consideration what is important to them and trying to see the world from their perspective. Sociology is essential for this, as individuals from different social backgrounds view the world differently and may require different caring skills and practices. While it has a valuable role to play within acute contexts, within the

community a detailed sociological understanding is vital for practice. With increasing emphasis on preventative healthcare and public health, would nurses benefit from understanding the sociological influences on health and wellbeing?

### **Role of nurses in prevention diseases in society:**

**Nurses have an effect role in health education and disease prevention in society:** They emphasis on preventative healthcare and public health and education so If preventative and public healthcare and nurses are to become more effective and to have a greater role, it is essential that health professionals have a detailed sociological understanding of health and wellbeing among their society.

### **Sociological determinants of health and wellbeing:**

1. The global eco-system
- 2.The natural environment
- 3.The built environment
- 4.activities
5. Local economy
6. community
- 7.people
- 8.life styles

The connection between **sociology** and nursing covers a few key factors that help nurses integrate key sociological theories into their practice. One of the most important subject matters to directly impact the topic is an understanding of the difference between sociology in nursing and the sociology of nursing. After gaining an understanding of the difference in the two topics, the symbolic relationship between the disciplines is geared toward the application of sociology to nursing **theory** and practice. This relationship centers on developing skills that better enable nurses to deliver nursing care to patients, taking into account sociological forces that inherently affect patient care and recovery as well as for nurses delivering such care. Other key factors that connect sociology and nursing include providing a more robust framework for conducting nursing research and gaining a better understanding of the nursing field itself, particularly its role in healthcare

- 4.activities
5. Local economy
- 6.community
- 7.people
- 8.life styles.

### **What Is the Relevance of Studying Sociology in Nursing?**

Sociology, the study of human social behavior and interaction, has become a component of many nursing education programs because it is believed that undertaking formal study

of human behavior can assist nurses in providing care and performing thorough diagnosis. Incorporating sociology into the study of nursing emphasizes the social nature of health care and helps nurses understand their role as a social agent whose job requires interaction with and understanding of many different types of people from a variety of different backgrounds. Interpersonal care can be an essential part of a nurse's role as a health care provider, and the study of sociology is believed to help nurses gain new insight into their patients' lives and issues.

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### **What is sociology in nursing?**

The study of sociology may be particularly applicable to certain areas of nursing, such as mental health or psychiatric nursing. Sociology has become such an important part of nursing study that some nursing schools, such as the School of Nursing at the University of California.

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### **The Sociology of Nursing**

In the past, it was unheard of for sociology to be a subject for nursing students. Now, nursing students are often required take the subject because it is widely viewed as essential knowledge to their daily work as nurses. Sociology is the study of human behavior. From its definition, any nursing student can construe sociology as their calling card when it comes to handling patients. Nurses get a lot of human interaction and that is one way of determining human behavior. Any nurse who is serious about a nursing profession should consider sociology as an important subject to learn.

Treating sociology as a core part of your nursing education is a key to become a successful nurse. You will be able to provide fact care and perform appropriate diagnoses if you have an understanding of human behavior and reactions. Sociology enables nurses to understand their social responsibility as agents of change. When you have the capacity to heal or make your patients feel better, you are not only treating their illnesses; you are also improving the quality of their lives. Nurses will also gain insight into the minds and hearts of their patients. That may not be manifested on initial diagnosis, but with sociology, you begin to understand that the healing of a person is a process and more than just the giving of medicine. This is why science sociology is already part of a nursing profession. Without it, nurses are incapable of understanding the methods of providing diagnosis to people what with their different backgrounds and ideologies. Sociology is the ticket or as card to a more effective diagnosis.

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**References:** 1.Epstein RM, Duberstein PR, Feldman MD, Rochlen AB, Bell RA, Kravitz RL, Cipri C, Becker JD, Bamonti PM, Paterniti DA (2010) ‘I didn’t know what was wrong.’ How people with undiagnosed depression recognize, name and explain their distress. *Journal of General Internal Medicine* 25, 954-961.

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