

## **What are ovarian cysts?**

The ovaries are part of the female reproductive system. They're located in the lower abdomen on both sides of the uterus. Women have two ovaries that produce eggs as well as the hormones estrogen and progesterone.

Sometimes, a fluid-filled sac called a cyst will develop on one of the ovaries. Many women will develop at least one cyst during their lifetime. In most cases, cysts are painless and cause no symptoms.

## **Three types of Ovarian Cysts**

Physiological or Ovulatory Cysts.

Benign Cysts.

Malignant Cysts otherwise called Ovarian Cancer.

## **Symptoms of an ovarian cyst**

pelvic pain – this can range from a dull, heavy sensation to a sudden, severe and sharp pain.

pain during sex.

difficulty emptying your bowels.

a frequent need to urinate.

heavy periods, irregular periods or lighter periods than normal.

bloating and a swollen tummy.

### **What are ovarian cysts are they harmful?**

Image result for What are the 3 types of ovarian cysts?

Most ovarian cysts present little or no discomfort and are harmless. The majority disappears without treatment within a few months. However, ovarian cysts — especially those that have ruptured — can cause serious symptoms.

### **What is the most common ovarian cyst?**

There are various types of ovarian cysts, such as dermoid cysts and endometrioma cysts. However, functional cysts are the most common type. The two types of functional cysts include follicle and corpus luteum cysts.

### **What is ovarian cyst and causes?**

The main causes of ovarian cysts may include hormonal imbalance, pregnancy, endometriosis, and pelvic infections. Ovarian cysts are sacs of fluid that form on either the ovary or its surface. Women possess two ovaries which sit on either side of the uterus.

### **What is a complicated cyst on ovary?**

Complex ovarian cysts are those that contain either blood or a solid substance. Simple cysts are relatively common and usually clear on their own. Complex cysts are more likely to need treatment. Most ovarian cysts are benign, meaning that they are noncancerous.

