

Lecture 8

Importance of sociology //

1. Sociology makes a Scientific of Society.
2. Sociology studies the role of the institutions in the development of the Individual.
3. The study of Sociology is benefit for understanding and planning of society.
4. Sociology is of great importance in the Solution of social problems.
5. Sociology has drawn attention to the essential worth and dignity of man.
6. Sociology has changed view with regard to the problems of crime etc.
7. Sociology has made great contribution to human culture.
8. Sociology is of great importance in the solution of international problems.
9. Sociology is useful as a teaching subject.
10. Sociology as a profession.

Importance of sociology in nursing

1. Sociology is includes in the curriculum of Nursing because health is including social component.
2. Most of the illness have social causes and Social consequences.
3. Sociology gives knowledge to deal with patient and to understand this habits norms, culture and behavior etc..

4. The nurse has to understand the necessity of changing the environment or surrounding.
5. To give services for the family members are important in the recovery process of the patient. So for understand this knowledge of family is essential for the nurse.
6. without sociological knowledge a nurse cannot understand the community
7. with the sociological knowledge the nurse understand the factors of faith ,religion and community.

The knowledge helps nurse to avoid discrimination. As well as a nurse should understand the social position, status and social responsibilities with regard to health field by studying sociology. She as to work is accordance with rules and norms. The nurse to understand the necessity to changing the environment for making recovery better. Sociology in nursing correlates of disease including demographic factors can be understood by the nurse with the knowledge of Sociology. It helps the nurse to approach the patient at various level. Emotional level Cultural level Intellectual level. The Nurse gives some opportunity to patient for ventilate their feelings, which will reduce their emotional burden.

It is really helps to build up the rapport which is essential for effective curative intervention. Patients may not be able to adjust with hospital environment because limitation of cultural environment. For example: A female patient not to be ready to remove her mangal sutra (means golden items) at the time of surgery because of their cultural obligations The nurse should explain the cultural thinking and give explanation the need for removing mangal sutra. The patient is unable to understand the Instructions and guidelines given by the nurse or doctors. So here the knowledge of Sociology help to nurse to understand the intelligence of

patients.

References

Roper, C. & Happell, B. (2007). Reflection without shame – reflection without blame: Towards a more collaborative understanding between mental health consumers and nurses. *Journal of Psychiatric and Mental Health Nursing*, 14, 85–91.