



Nursing as a developing profession

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Profession and professionalism

- Nursing is a profession.
- A profession is a calling that requires special knowledge and skilled preparation.
- A profession is generally distinguished from other kinds of occupation by:
 - a) Its requirement of prolonged **specialized training** acquiring a body of **knowledge** pertinent to the role to be performed and
 - b) An orientation of the individual to ward service, ether to community or organization.

Criteria of a profession

1. Professional status is achieved when an occupation involves practice,
2. A profession carries great individual responsibility and based up on theoretical Knowledge.
3. The privilege to practice is granted only after the individual was completed a standardized program of highly specialized education and has demonstrated an ability to meet the standards for practice.

4. The body of **specialized knowledge** is continually developed and

Evaluated through research.

5. The members are self organized and collectively assume the

responsibility of establishing **standards for education and practice.**

Comparison between Profession and occupation

Occupation	Profession
1. Training may occur on job	1. Education takes place in College and university
2. Length of training varies	2. Education is definite and prolonged
3. Value, beliefs and Ethics are not Prominent features of preparation	3. Value beliefs, and Ethics are integral part of preparation
4. Commitment & personal identification are strong	4. Commitment & personal Identification vary
5. Works are autonomous	5. Works are supervised

Occupation	Profession
6. People unlikely to change jobs	6. Peoples often change Jobs
7. Accountability rests with individual	7. Accountability rests with employees

Professional Development

- Professional development in Nursing can be viewed in relation to specialized education, Knowledge base, Ethics, and autonomy.

Role of the professional nurse

- 1. **Care provider**: caring /comforting involve knowledge and sensitivity to what matter and what is important to the client.
- 2. **Communicator / Helper**: Effective communication is an essential element of all helping profession, including nursing.
- It helps the client to explain the internal feeling.

- 3. **Teacher/educator**: teacher refers to activities by which the teacher helps the student to learn. The client also need education based on the case.

- 4. **Counselor**: counseling is a process of helping a client to recognized and cope with stressful psychological or social problem, to develop improved interpersonal relation ships and promote personal growth.

- 5. **Client advocate**: An advocate pleads the cause of others or argues or pleads for a cause or proposal
- 6. **Change agent**: a change agent is a person or group who initiates changes or who assists others in making modification in them selves or in the system.

- **7. Leader:** leadership is defined as mutual process of inter personal influence through which the nurse helps a client make decision in establishing and achieving goals to improve the client well being.

- 8. **Manager**: management defines manager as who plans, gives direction, developing staff, monitoring operations, giving rewards fairly and representing both staff member and administration as needed.

- 9. **Researcher**: majority of researchers in nursing are prepared at doctoral and post doctoral level. Although an increasing number of clinicians and nurses with masters degree are beginning to practice it.

