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| **TISHK INTERNATIONAL UNIVERSITY** **FACULTY OF NURSING – NURSING DEPARTMENT****LABORATORY AND CLINICAL EDUCATION****Procedure Evaluation Document (PED)** |
| **PROCEDURE: Performing antenatal examination – Fundal Height** | Code | **M-01** |
| **No.** | **Skill steps**  | **Not****achieved** | **Achieved** |
| 1 | Prepared procedure equipment:* Client medical record
* Hand rub gel
* Non-sterile gloves
* Tape measure
 |  |  |
| 2 | Identified the client using two identifiers. |  |  |
| 3 | Performed greeting, introduction and permission procedure (G.I.P). |  |  |
| 4 | Provided privacy. |  |  |
| 5 | Explained the procedure to the client and answered any questions. |  |  |
| 6 | Asked the client to empty the bladder. |  |  |
| 7 | Performed hand hygiene using correct technique. |  |  |
| 8 | Put on gloves. |  |  |
| 9 | Exposed the client’s abdomen from below the breasts to the symphysis pubis. |  |  |
| 10 | Inspected the abdomen for the following:* Linea nigra
* Striae gravidarum
* State of umbilicus
* Contour of abdomen
* Skin condition
 |  |  |
| 11 | Determined the fundal height using the ulnar side of the palm (one finger equally 2 weeks). |  |  |
| 12 | Reported fundal height for various weeks of pregnancy as follows:* Level of the symphysis pubis……………………………………………….12 weeks
* Midway between symphysis pubis and umbilicus……………….16 weeks
* Level of umbilicus……………………………………………………………….20 weeks
* At level of xiphoid process…………………………………………………34weeks
 |  |  |
| 13 | Placed zero line of the tape measure on the superior border of the symphysis pubis. |  |  |
| 14 | Stretched the tape across the contour of the abdomen to the top of the fundus along the midline. |  |  |
| 15 | Removed gloves. |  |  |
| 16 | Assisted the client to a comfortable position. |  |  |
| 17 | Performed hand hygiene using correct technique. |  |  |
| 18 | Returned equipment to the dedicated area. |  |  |
| 19 | Recorded the results in the client’s chart and report any abnormalities to the physician. |  |  |
| See the source image |
| 1. **SKILL EVALUATION** 60%
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| **Steps** | 0 | 1 | 2-3 | 4-5 | 6-7 | 8-9 | 10-11 | 12-13 | 14-15 | 16-17 | 18-19 | Skill steps achieved |  |
| **Points** | 0 | 6 | 12 | 18 | 24 | 30 | 36 | 42 | 48 | 54 | 60 | Skill points achieved |  |
| **Level** | F | U | N | S | C | I | Skill level achieved |  |
| 1. **PROCEDURE ASPECTS EVALUATION** 40%
 |
| **Rationale** 10% | **Client Focus** 10% | **Professional Manner** 10% | **Time** 10%  |
| Failed | 5 | Failed | 5 | Failed | 5 | Failed +10 | 5 |
| Unsatisfactory | 6 | Unsatisfactory | 6 | Unsatisfactory | 6 | Unsatisfactory+8 | 6 |
| Novice | 7 | Novice | 7 | Novice | 7 | Novice +6 | 7 |
| Supervised | 8 | Supervised | 8 | Supervised | 8 | Supervised +4 | 8 |
| Competent | 9 | Competent | 9 | Competent | 9 | Competent +2 | 9 |
| Independent | 10 | Independent | 10 | Independent | 10 | Independent TA | 10 |
| **Notes:** | Time allowed (TA) |  |
| Time achieved |  |
| Aspects points achieved |  |
| 1. **COMPLETE PROCEDURE EVALUATION** 100%
 |
| ≤50 | 51-60 | 61-70 | 71-80 | 81-90 | 91-100 | Total points achieved |  |
| **Failed** | **Unsatisfactory** | **Novice** | **Supervised** | **Competent** | **Independent** | Total level achieved |  |
| Student |  | Signature |  | **Actual Mark/Out of** |  |
| Teacher |  | Signature |  |
| Clinical Area |  | Date |  |