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| **HAWLER MEDICAL UNIVERSITY****COLLEGE OF NURSING****LABORATORY AND CLINICAL EDUCATION****Procedure Evaluation Document (PED)** |
| PROCEDURE: **Performing an episiotomy** | Code  | **M -08** |
| **No.** | **Skill steps**  | **Not****achieved**  | **Achieved** |
| 1 | Prepared procedure equipment:* Client medical record
* Sterile gloves
* Sterile syringe with needle (10 ml)
* Scissors
* Lidocaine %5(10 ml) or %1 (5 ml)
* Gauze pieces
* Hand rub gel
* Antiseptic solution
 |  |  |
| 2 | Identified the client using two identifiers. |  |  |
| 3 | Performed greeting, introduction and permission procedure (G.I.P). |  |  |
| 4 | Provided privacy. |  |  |
| 5 | Explained the procedure to the client and answered any questions. |  |  |
| 6 | Performed hand hygiene using correct technique. |  |  |
| 7 | Put on gloves. |  |  |
| 8 | Placed the client in lithotomy position when the fetal head is distending the perineum. | “ |  |
| 9 | Clean the skin (perineum) with antiseptic using aseptic technique. |  |  |
| 10 | Reported the best and ideal time for episiotomy is a bulging thin perineum at the peak of a contraction just prior to crowning. |  |  |
| 11 | Inserted the first and second fingers into the vagina to protect the foetal skull from injury and anaesthetic. |  |  |
| 12 | Inserted the needle via the forchette and direct it at a %45 angle from the midline for 4-5 cm, to ensure a medio-lateral incision. |  |  |
| 13 | Injected lidocaine slowly as the needle is withdrawn. |  |  |
| 14 | Waited for 3 to 5 minutes for anaesthetic action (verbal report). |  |  |
| 15 | Placed the index and middle fingers in the vagina and separated them slightly with pressure downward on the perineal body. |  |  |
| 16 | Performed an episiotomy with a scissor by one of the following ways:-A media-lateral episiotomy - cut the perineum at a slant starting at the midline of the forchette with the points of the scissors directed toward the ischial tuberosity on the same side of the position.-A midline episiotomy - cut in the middle of the central tendentious points of the perineum from the posterior fourchette down to the external anal sphincter. |  |  |
| 17 | If a midline episiotomy was cut, palpate for the external anal sphincter. |  |  |
| 18 | Inserted the scissors from above the backside of the hand to slide down the fingers to make the cut (to protect the foetal presenting part). |  |  |
| 19 | Applied pressure with some pieces of gauze for control of bleeding. |  |  |
| 20 | Removed gloves. |  |  |
| 21 | Performed hand hygiene using correct technique. |  |  |
| 22 | Returned equipment to the dedicated area. |  |  |
| 23 | Recorded the result (the time of episiotomy was performed, type of episiotomy, and any abnormality if present) in the labour chart. |  |  |
|  | C:\Users\Sazan Bahram\Documents\Desktop\50_episiotomy.jpgC:\Users\Sazan BlbasS\Desktop\20160211_163601.jpg |
| 1. **SKILL EVALUATION** 60%
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| **Steps** | 0 | 1-2 | 3-4 | 5-6 | 7-9 | 10-11 | 12-14 | 15-17 | 18-19 | 20-21 | 22-23 | Skill steps achieved |  |
| **Points** | 0 | 6 | 12 | 18 | 24 | 30 | 36 | 42 | 48 | 54 | 60 | Skill points achieved |  |
| **Level** | F | U | N | S | C | I | Skill level achieved |  |
| 1. **PROCEDURE ASPECTS EVALUATION** 40%
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| **Rationale** 10% | **Client Focus** 10% | **Professional Manner** 10% | **Time** 10%  |
| Failed | 5 | Failed | 5 | Failed | 5 | Failed +10 | 5 |
| Unsatisfactory | 6 | Unsatisfactory | 6 | Unsatisfactory | 6 | Unsatisfactory+8 | 6 |
| Novice | 7 | Novice | 7 | Novice | 7 | Novice +6 | 7 |
| Supervised | 8 | Supervised | 8 | Supervised | 8 | Supervised +4 | 8 |
| Competent | 9 | Competent | 9 | Competent | 9 | Competent +2 | 9 |
| Independent | 10 | Independent | 10 | Independent | 10 | Independent TA | 10 |
| **Notes:** | Time allowed (TA) | 10 |
| Time achieved |  |
| Aspects points achieved |  |
| 1. **COMPLETE PROCEDURE EVALUATION** 100%
 |
| ≤50 | 51-60 | 61-70 | 71-80 | 81-90 | 91-100 | Total points achieved |  |
| **Failed** | **Unsatisfactory** | **Novice** | **Supervised** | **Competent** | **Independent** | Total level achieved |  |
| Student |  | Signature |  | **Actual Mark/Out of** |  |
| Teacher |  | Signature |  |
| Clinical Area |  | Date |  |