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| **HAWLER MEDICAL UNIVERSITY**  **COLLEGE OF NURSING**  **LABORATORY AND CLINICAL EDUCATION**  **Procedure Evaluation Document (PED)** | | | | | | | | | | | | | | |
| PROCEDURE: **Performing an episiotomy** | | | | | | | | | | | | | Code | **M -08** |
| **No.** | **Skill steps** | | | | | | | | | | | | **Not**  **achieved** | **Achieved** |
| 1 | Prepared procedure equipment:   * Client medical record * Sterile gloves * Sterile syringe with needle (10 ml) * Scissors * Lidocaine %5(10 ml) or %1 (5 ml) * Gauze pieces * Hand rub gel * Antiseptic solution | | | | | | | | | | | |  |  |
| 2 | Identified the client using two identifiers. | | | | | | | | | | | |  |  |
| 3 | Performed greeting, introduction and permission procedure (G.I.P). | | | | | | | | | | | |  |  |
| 4 | Provided privacy. | | | | | | | | | | | |  |  |
| 5 | Explained the procedure to the client and answered any questions. | | | | | | | | | | | |  |  |
| 6 | Performed hand hygiene using correct technique. | | | | | | | | | | | |  |  |
| 7 | Put on gloves. | | | | | | | | | | | |  |  |
| 8 | Placed the client in lithotomy position when the fetal head is distending the perineum. | | | | | | | | | | | | “ |  |
| 9 | Clean the skin (perineum) with antiseptic using aseptic technique. | | | | | | | | | | | |  |  |
| 10 | Reported the best and ideal time for episiotomy is a bulging thin perineum at the peak of a contraction just prior to crowning. | | | | | | | | | | | |  |  |
| 11 | Inserted the first and second fingers into the vagina to protect the foetal skull from injury and anaesthetic. | | | | | | | | | | | |  |  |
| 12 | Inserted the needle via the forchette and direct it at a %45 angle from the midline for 4-5 cm, to ensure a medio-lateral incision. | | | | | | | | | | | |  |  |
| 13 | Injected lidocaine slowly as the needle is withdrawn. | | | | | | | | | | | |  |  |
| 14 | Waited for 3 to 5 minutes for anaesthetic action (verbal report). | | | | | | | | | | | |  |  |
| 15 | Placed the index and middle fingers in the vagina and separated them slightly with pressure downward on the perineal body. | | | | | | | | | | | |  |  |
| 16 | Performed an episiotomy with a scissor by one of the following ways:  -A media-lateral episiotomy - cut the perineum at a slant starting at the midline of the forchette with the points of the scissors directed toward the ischial tuberosity on the same side of the position.  -A midline episiotomy - cut in the middle of the central tendentious points of the perineum from the posterior fourchette down to the external anal sphincter. | | | | | | | | | | | |  |  |
| 17 | If a midline episiotomy was cut, palpate for the external anal sphincter. | | | | | | | | | | | |  |  |
| 18 | Inserted the scissors from above the backside of the hand to slide down the fingers to make the cut (to protect the foetal presenting part). | | | | | | | | | | | |  |  |
| 19 | Applied pressure with some pieces of gauze for control of bleeding. | | | | | | | | | | | |  |  |
| 20 | Removed gloves. | | | | | | | | | | | |  |  |
| 21 | Performed hand hygiene using correct technique. | | | | | | | | | | | |  |  |
| 22 | Returned equipment to the dedicated area. | | | | | | | | | | | |  |  |
| 23 | Recorded the result (the time of episiotomy was performed, type of episiotomy, and any abnormality if present) in the labour chart. | | | | | | | | | | | |  |  |
|  | C:\Users\Sazan Bahram\Documents\Desktop\50_episiotomy.jpgC:\Users\Sazan BlbasS\Desktop\20160211_163601.jpg | | | | | | | | | | | | | |
| 1. **SKILL EVALUATION** 60% | | | | | | | | | | | | | | |
| **Steps** | 0 | 1-2 | 3-4 | 5-6 | 7-9 | 10-11 | 12-14 | 15-17 | 18-19 | 20-21 | 22-23 | Skill steps achieved | |  |
| **Points** | 0 | 6 | 12 | 18 | 24 | 30 | 36 | 42 | 48 | 54 | 60 | Skill points achieved | |  |
| **Level** | F | | | | | | U | N | S | C | I | Skill level achieved | |  |
| 1. **PROCEDURE ASPECTS EVALUATION** 40% | | | | | | | | | | | | | | |
| **Rationale** 10% | | | | **Client Focus** 10% | | | | **Professional Manner** 10% | | | | **Time** 10% | | |
| Failed | | | 5 | Failed | | | 5 | Failed | | | 5 | Failed +10 | | 5 |
| Unsatisfactory | | | 6 | Unsatisfactory | | | 6 | Unsatisfactory | | | 6 | Unsatisfactory+8 | | 6 |
| Novice | | | 7 | Novice | | | 7 | Novice | | | 7 | Novice +6 | | 7 |
| Supervised | | | 8 | Supervised | | | 8 | Supervised | | | 8 | Supervised +4 | | 8 |
| Competent | | | 9 | Competent | | | 9 | Competent | | | 9 | Competent +2 | | 9 |
| Independent | | | 10 | Independent | | | 10 | Independent | | | 10 | Independent TA | | 10 |
| **Notes:** | | | | | | | | | | | | Time allowed (TA) | | 10 |
| Time achieved | |  |
| Aspects points achieved | |  |
| 1. **COMPLETE PROCEDURE EVALUATION** 100% | | | | | | | | | | | | | | |
| ≤50 | | 51-60 | | 61-70 | | 71-80 | | 81-90 | | 91-100 | | Total points achieved | |  |
| **Failed** | | **Unsatisfactory** | | **Novice** | | **Supervised** | | **Competent** | | **Independent** | | Total level achieved | |  |
| Student | |  | | | | Signature | |  | | | | **Actual Mark/Out of** | |  |
| Teacher | |  | | | | Signature | |  | | | |
| Clinical Area | |  | | | | Date | |  | | | |