



TISHK INTERNATIONAL UNIVERSITY  
FACULTY OF APPLIED SCIENCE  
Physiotherapy Department

# Introduction:



Autumn Semester 2023-2024

Course Name : **Biochemistry (Theory)**

Stage : 2 Lecture 1: Introduction

Lecture: Dr. Soma Majedi / Ph.D. in Organic Chemistry

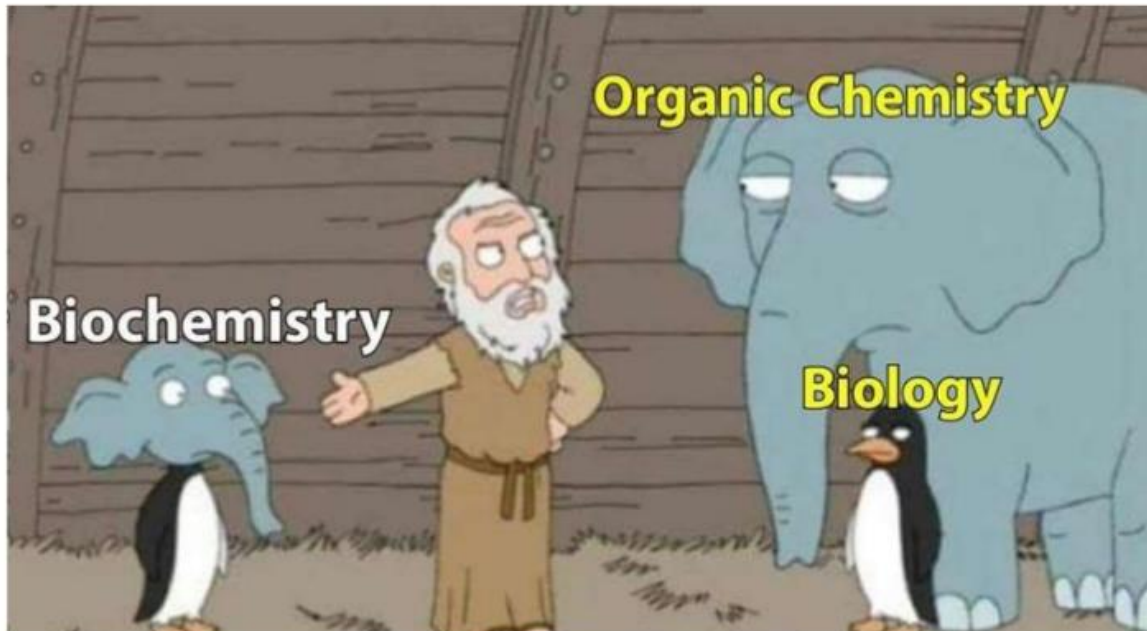
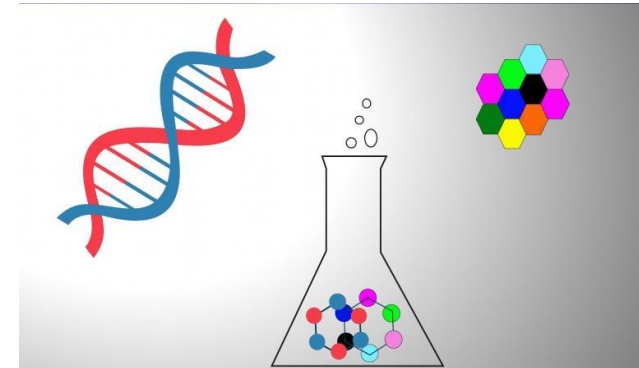
# EXERCISE BIOCHEMISTRY



# Biochemistry

- ❖ A **special branch** of **Organic Chemistry** that deals with matter inside the living cell and chemical processes within and relating to living organisms.

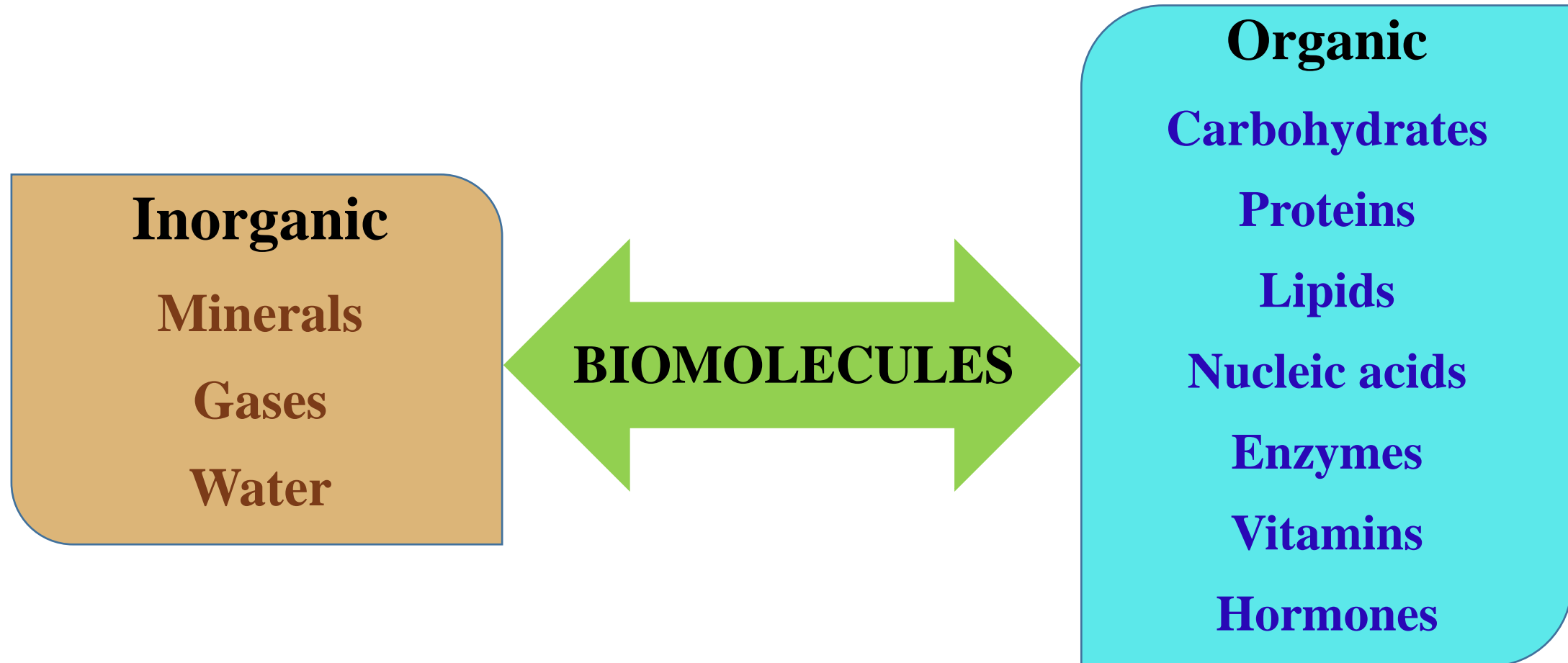
**So then, what is biochemistry?**



- ❖ Application of chemistry to the study of **biological processes** at the cellular and molecular level.
- ❖ Combined Chemistry, Physiology, and Biology to investigate the chemistry of living systems.

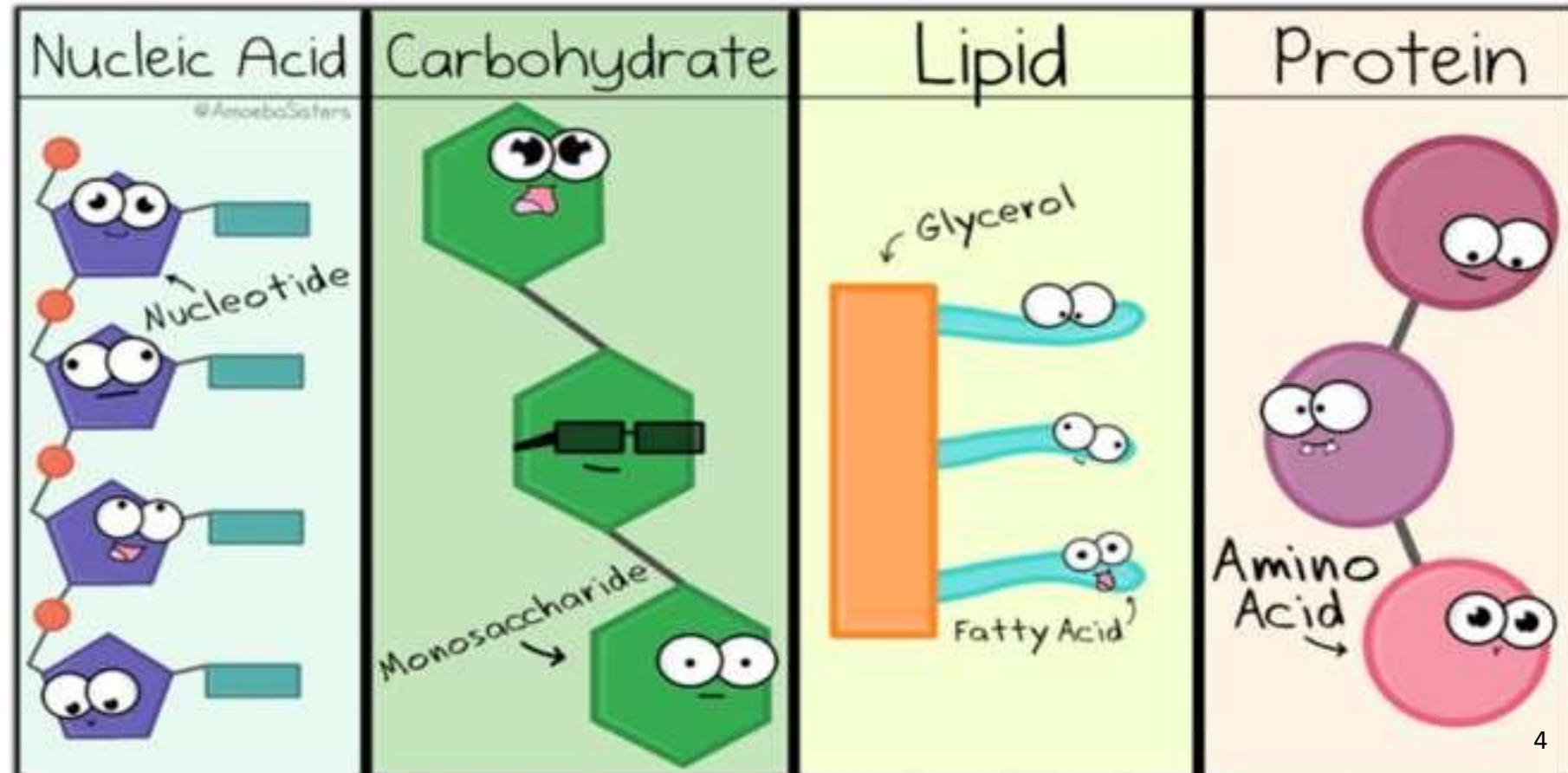
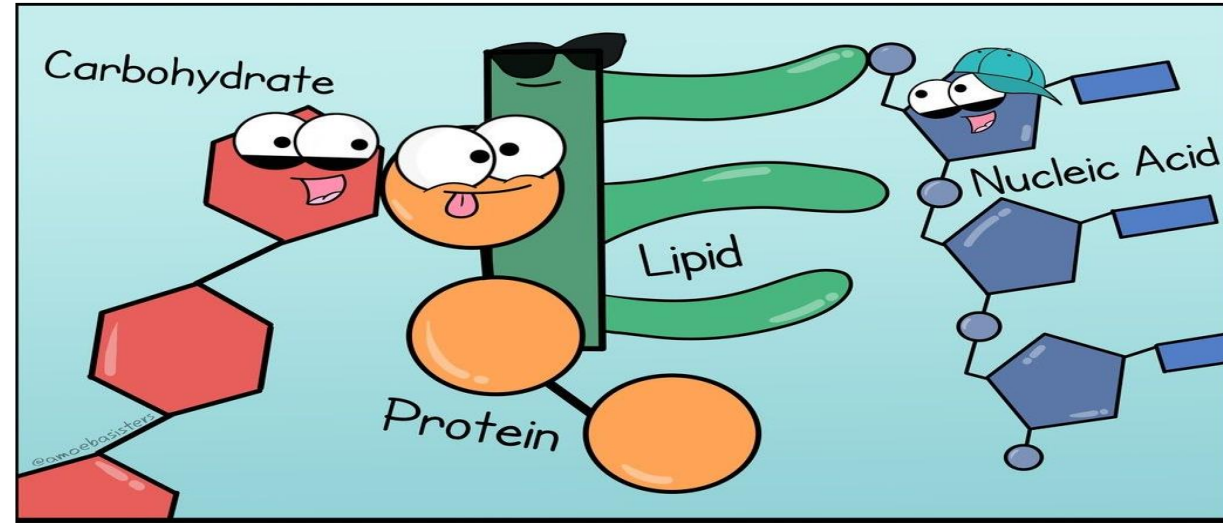
# Biomolecules:

- ❖ also called as **biological molecules**.
- ❖ produced by **cells** and **living organisms**.
- ❖ present in **living organisms** that are essential to one or more typically biological processes.



# Four Major Types of Organic Biomolecules:

- Carbohydrates
- Proteins
- Lipids
- Nucleic Acid



## Other Compounds such as:

- ✓ Water
- ✓ Vitamins
- ✓ Ions
- ✓ Enzymes
- ✓ Hormones

Biomolecules → Organelles → Cells → Tissues → Organs → Living organism

## The major complex biomolecules of cells

Biomolecule	Building block	Major functions
<b>Polysaccharide</b>	<b>Monosaccharide</b>	<b>Storage form of energy</b>
<b>Protein</b>	<b>Amino acid</b>	<b>Basic structure and function of cell</b>
<b>Lipids</b>	<b>Fatty acids &amp; glycerol</b>	<b>Storage form of energy to meet long term demands</b>
<b>DNA</b>	<b>Deoxyribonucleotide</b>	<b>Hereditary information</b>
<b>RNA</b>	<b>Ribonucleotide</b>	<b>Protein synthesis</b>



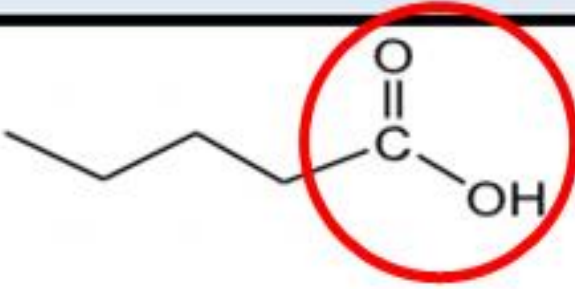
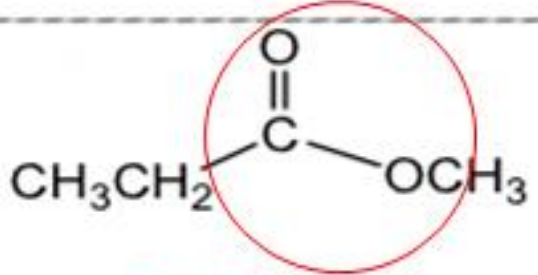
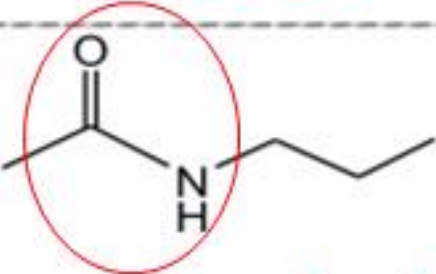
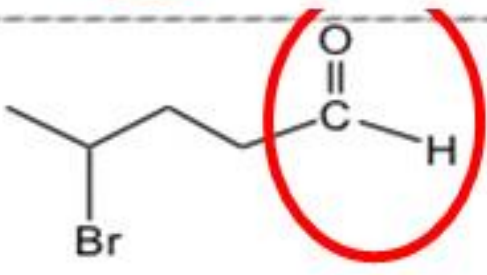
Organic Chemistry:

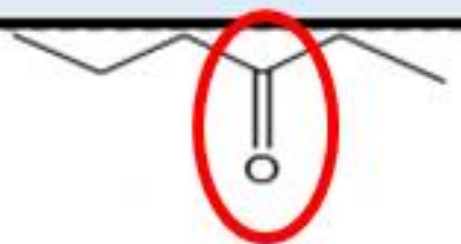
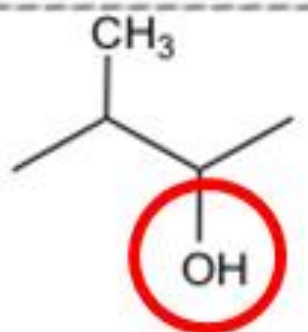
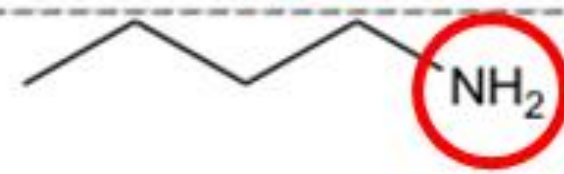
# Functional Groups



***Functional Group:***

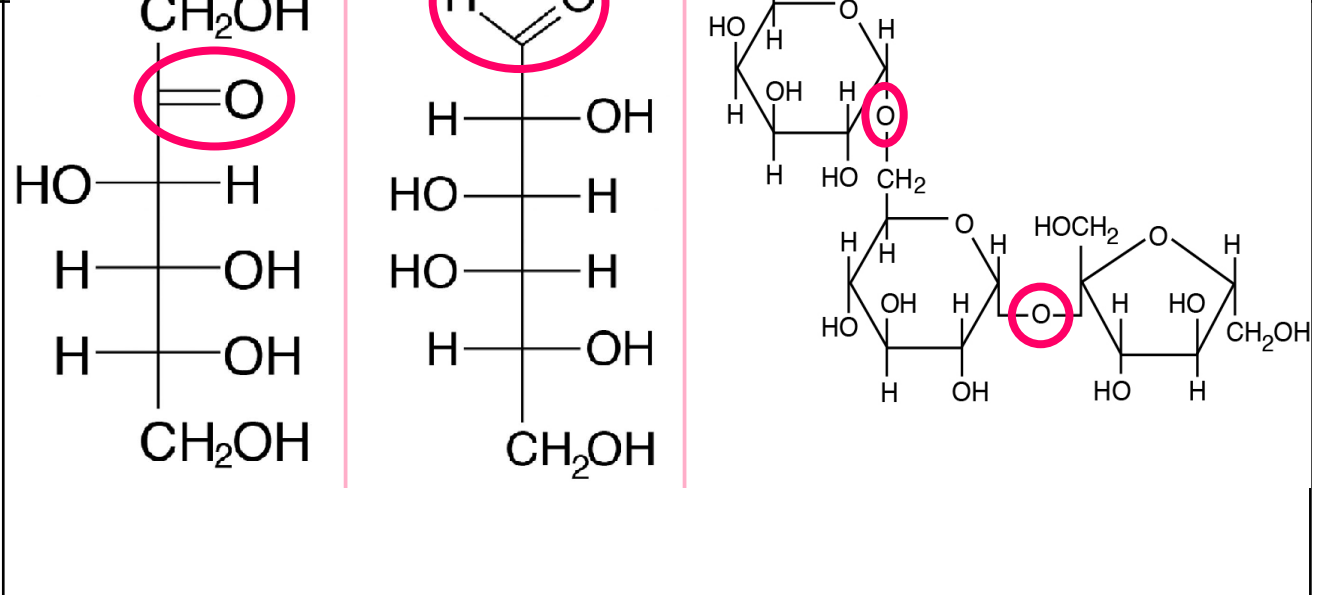
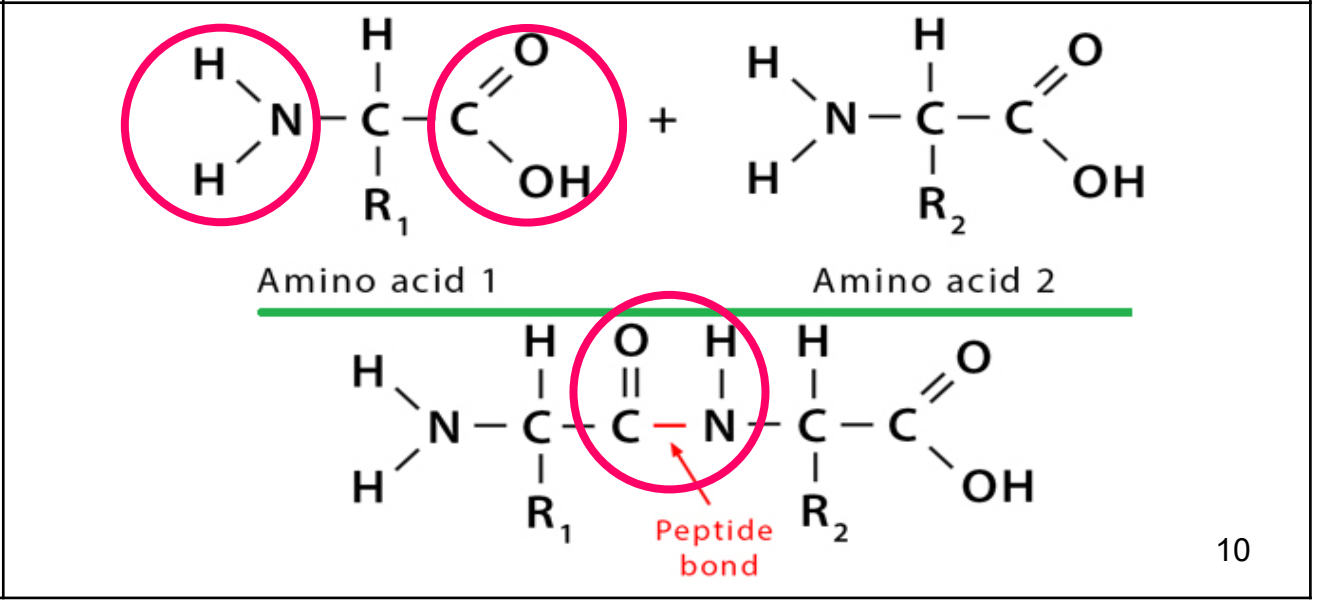
**A group of atoms *responsible for the characteristic reactions* of a particular compound.**

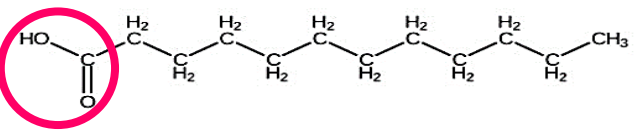
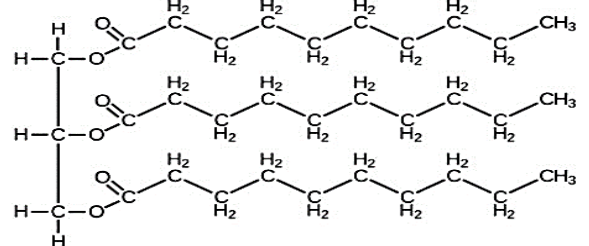
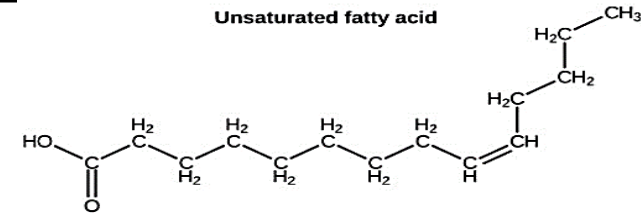
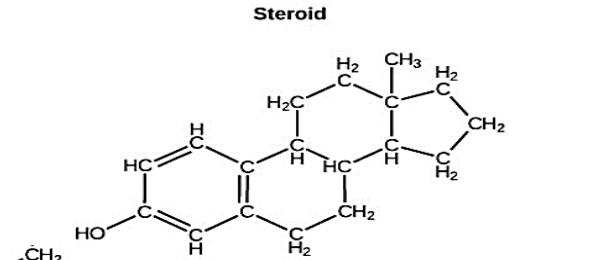
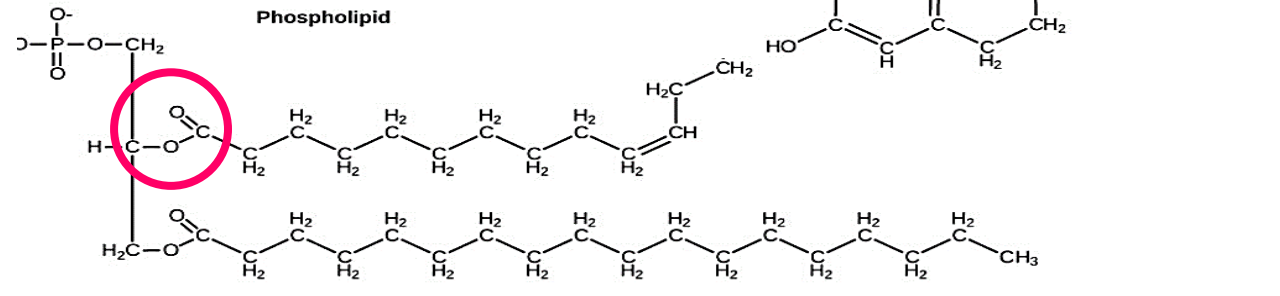
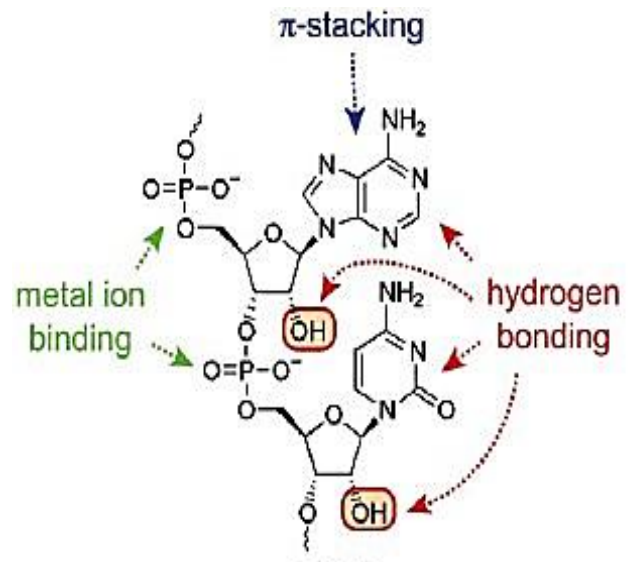
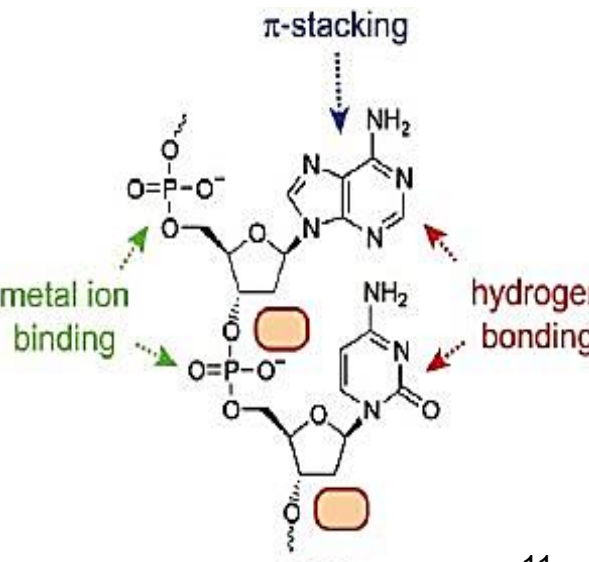
Functional group	Suffix	Examples	Name of Example
<p>carboxylic acid</p>	<p>–oic acid –carboxylic acid</p>		<p>pentanoic acid</p>
<p>carboxylic ester</p>	<p>–oate –carboxylate</p>		<p>methyl propanoate</p>
<p>amide</p>	<p>–amide –carboxamide</p>		<p>N-propylethanamide</p>
<p>aldehyde</p>	<p>–al –carbaldehyde</p>		<p>4-bromo-pentanal</p>

Functional group	Prefix	Suffix	Examples
ketone	oxo	-one	
alcohol	hydroxy	-ol	
amine	amino	-amine	
ether	oxy	ether	R-O-R



# Functional Groups of Organic Compounds In Bioorganic Compounds

Functional Group (F.G.)	Biomolecules	
<p style="text-align: center;"> <b>-OH</b>  <b>-O-</b>  <b>-COH, -CO-</b> </p>	<p style="text-align: center;"><b>Carbohydrates</b></p>	
<p style="text-align: center;"> <b>-NH<sub>2</sub></b>  <b>-COOH</b>  <b>-CONH-</b> </p>	<p style="text-align: center;"><b>Proteins</b></p>	

<b>Functional Group (F.G.)</b>	<b>Biomolecules</b>	<p style="text-align: center;">Saturated fatty acid</p>  <p style="text-align: center;">Triglyceride</p> 
<p style="text-align: center;"> <b>-COOH</b>  <b>-COO-</b> </p>	<p style="text-align: center;"> <b>Lipids</b> </p>	<p style="text-align: center;">Unsaturated fatty acid</p>  <p style="text-align: center;">Steroid</p>  <p style="text-align: center;">Phospholipid</p> 
<p style="text-align: center;"> <b>-OH</b>  <b>-O-</b>  <b>-NH2, -NH-, -N-</b>  <b>-CO-N-</b>  <b>-PO-O-</b> </p>	<p style="text-align: center;"> <b>Nucleic Acids (RNA, DNA)</b> </p>	<div style="display: flex; justify-content: space-around;"> <div style="text-align: center;"> <p><math>\pi</math>-stacking</p>  <p><b>RNA</b></p> </div> <div style="text-align: center;"> <p><math>\pi</math>-stacking</p>  <p><b>DNA</b></p> </div> </div>

# Importance of Biochemistry:

- Understanding all **biological processes**.
- Explanations for the **causes** of many **diseases** in humans, animals, and plants.
- Suggest ways to **treat** or **cure** the diseases.
- Unravel the **complex chemical reactions** that occur in a wide variety of life forms.
- Provides practical advances in **Medicine, Veterinary, Agriculture, Biotechnology, Molecular Genetics, Pharmacology** and **Bioengineering**.

# The Importance of Biochemistry in Physiotherapy

**Chemistry** plays an important role in **physiotherapy** as it helps to understand the underlying **physiological processes** and **chemical reactions** involved in the human body.

Physiotherapists use this knowledge to **diagnose, treat and prevent physical impairments and disabilities.**

**Some of the ways in which chemistry is used in physiotherapy:**

➤ **Understanding anatomy and physiology:**

Physiotherapists use their knowledge of chemistry to understand the **structure and function** of the human body, including the chemical and physical processes that occur in cells and tissues.

➤ **Diagnosing and treating conditions:**

Physiotherapists use their knowledge of chemistry to **diagnose** conditions based on chemical imbalances and to **treat** these conditions by influencing chemical reactions.

# The Importance of Biochemistry in Physiotherapy

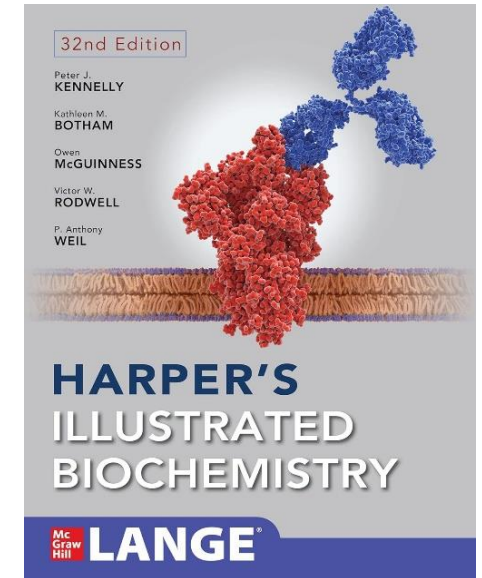
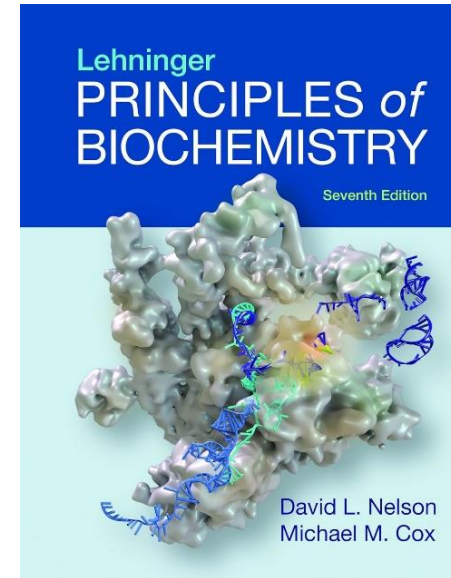
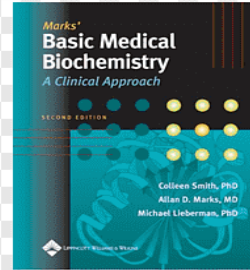
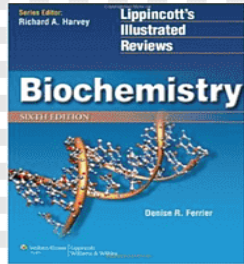
## ➤ Medication management:

Physiotherapists work with patients who are taking medications, and they use their knowledge of chemistry to understand the **mechanisms of action, side effects, and interactions of different medications**.

## ➤ Pain management:

Physiotherapists use their knowledge of chemistry to **understand** the underlying causes of pain and to **design treatments** that target these causes, including the use of **heat** and **cold** therapies, **electrical** stimulation, and massage.

In conclusion, it is important for physiotherapists to have a basic understanding of chemistry as it helps them to **diagnose** and **treat** conditions effectively and to work in **collaboration** with other healthcare professionals.



## References

- Lehninger Principles of Biochemistry
- Harper's Illustrated Biochemistry

