

### Pathophysiology of Musculoskeletal System

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Faculty of Applied Science Physiotherapy Department Fall Semester Systemic Pathology Second Grade



- 1. Study general organization of musculoskelal system.
- 2. Explain the functions and parts of musculoskelal system.



## DEFINITION



- Bone is a specialized connective tissue characterized by mineralized extracellular matrix.
- Bones are the organs of skeletal system; bone tissue is the structural component of bones.



### Classification of bones by location





## **Functions of Bones**

- Support of the body
- Protection of soft organs
- Movement due to attached skeletal muscles
- Storage of minerals and fats
- Blood cell formation





**Definition**: A point of contact between two bones, between two cartilages, between bone and cartilage, or between bone and teeth.

## **Types of Joints**

## **Fibrous-**Fibrous joints connect bones without allowing any movement.

## The bones of skull and pelvis are held together by fibrous joints.



#### Cartilaginous-Cartilaginous joints are joints in which the bones are attached by cartilage. These joints allow for only a little movement, such as in the spine or ribs.



Synovial-Synovial joints allow for much more movement than cartilaginous joints. **Cavities between bones** in synovial joints are filled with synovial fluid. This fluid helps **lubricate and protect** the bones. Bursa sacks contain the synovial fluid.



# Muscle





## **Properties of Muscle Tissue**

- Excitability
- Contractility
- Elasticity
- Extensibility





## **Properties of Muscle Tissue**

# Excitability: capacity of muscle to respond to a stimulus.

### Contractility: ability of a muscle to shorten and generate pulling force

# Elasticity: ability of muscle to recoil to original resting length after stretched.

### Extensibility: muscle can be stretched back to its original length.

# Types of muscle tissue

#### Cardiac muscle cell



#### Skeletal muscle cell



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## **Muscle fibers**

- Each skeletal muscles is a separate organ composed of hundreds to thousands of cells, which are called <u>muscle fibers.</u>
- Sarcolemma is the plasma membrane of a muscle cell.
- Tiny invaginations of the sarcolemma, called <u>transverse (T) tubules</u>, tunnel in from the surface toward the center of each muscle fiber.
- Within the sarcolemma is the <u>sarcoplasm</u>, the cytoplasm of a muscle fiber.





## **Thin and Thick Filaments**

- At high magnification, the sarcoplasm appears stuffed with little threads which are the <u>myofibrils</u> (the contractile organelles of skeletal muscle)
- Within myofibrils are smaller protein structures called filaments or myofilaments.
- Thin filaments are composed mostly of the protein <u>actin.</u>
- by thick filaments are composed mostly of the protein myosin.
- Both are directly involved in the <u>contractile</u> <u>process</u>.
- there are two thin filaments for every thick filament in the regions of filament overlap.



- The filaments inside a myofibril do not extend the entire length of a muscle fiber. Instead, they are arranged in compartments called <u>sarcomeres</u> which are the basic functional units of a myofibril.
- Narrow, plate-shaped regions of dense protein material called <u>Z discs</u> separate one sarcomere from the next. Thus, a sarcomere extends from one Z disc to the next Z disc.



#### sarcomere

### sliding filament mechanism

- the lengths of the thick and thin filaments are same in both relaxed and contracted muscle.
- muscle contraction is a folding process, somewhat like closing an accordion.
- skeletal muscle shortens during contraction because the thick and thin filaments slide past one another. The model describing this process is known as the <u>sliding</u> <u>filament mechanism</u>.





#### Sliding filament mechanism of muscle contraction

## **Neuromuscular Junction**

- **Region where the motor neuron stimulates the muscle fiber.**
- **The neuromuscular junction is formed by :** 
  - 1. End of motor neuron axon (axon terminal) Terminals have small membranous sacs (synaptic vesicles) that contain the neurotransmitter acetylcholine (ACh)
  - 2. The motor end plate of a muscle
    - A specific part of the sarcolemma that contains ACh receptors.
- Though exceedingly close, axonal ends and muscle fibers are always separated by a space called the synaptic cleft

## **Neuromuscular Junction**



## **Muscular System Functions**

- > Body movement (Locomotion)
- > Maintenance of posture
- > Respiration
  - Diaphragm and intercostal contractions
- Communication (Verbal and Facial)
- Constriction of organs and vessels
  - Peristalsis of intestinal tract
  - Vasoconstriction of b.v. and other structures (pupils)
- Heart beat
- Production of body heat (Thermogenesis)

# Thank You

### Question

## What is Cartilage? Types of Cartilage? Functions of Cartilage?