

**HAWLER MEDICAL UNIVERSITY  
COLLEGE OF NURSING  
LABORATORY AND CLINICAL EDUCATION**

**Procedure Evaluation Document (PED)**

<b>PROCEDURE:</b>		<b>Code</b>	<b>23-03</b>
<b>Immobilization – applying skin traction</b>			
<b>No.</b>	<b>Skill steps</b>	<b>Not achieved</b>	<b>Achieved</b>
1	Prepared procedure equipment: <ul style="list-style-type: none"> <li><input type="checkbox"/> Patient medical record</li> <li><input type="checkbox"/> Medication chart</li> <li><input type="checkbox"/> Basin with water</li> <li><input type="checkbox"/> Small towel or gauze for washing</li> <li><input type="checkbox"/> Soap</li> <li><input type="checkbox"/> Towel for drying</li> <li><input type="checkbox"/> Elastic stocking</li> <li><input type="checkbox"/> Skin traction boot or skin traction kit</li> <li><input type="checkbox"/> Non-sterile gloves</li> <li><input type="checkbox"/> Hand rub gel</li> <li><input type="checkbox"/> Plastic tray</li> </ul>		
2	Reviewed the medical record and the nursing plan of care to determine the type of traction being used care for the affected body part.		
3	Performed hand hygiene using correct technique.		
4	Identified patient using two identifiers.		
5	Performed greeting, introduction and permission procedure (G.I.P).		
6	Provided privacy.		
7	Explained the procedure to the patient and answered any questions.		
8	Explained the importance of maintaining counterbalance, alignment, and position.		
9	Performed a simple pain assessment (site, character, severity).		
10	Assessed the patient for muscle spasm.		
11	Administered prescribed medications if needed and prescribed in sufficient time to allow for the full effect of the analgesic and/or muscle relaxant (if pain not present – verbal report).		
12	Put on gloves.		
13	Ensured the traction apparatus is attached securely to the bed.		
14	Assessed the traction setup - check that: <ul style="list-style-type: none"> <li><input type="checkbox"/> the ropes move freely through the pulleys</li> <li><input type="checkbox"/> all knots are tight and are positioned away from the pulleys</li> <li><input type="checkbox"/> pulleys are free from the bed linens</li> </ul>		
15	Placed the patient in a supine position with the foot of the bed elevated slightly.		
16	Placed the patient's head near the head of the bed and in alignment.		
17	Washed, rinsed, and thoroughly dried the skin of the affected area.		
18	Placed the elastic stocking on the affected limb.		
19	Placed the traction boot over the patient's leg with patient's heel is in the heel of the boot or attached the skin traction belt from the kit.		
20	Attached the traction cord to the footplate of the boot and passed the rope over the pulley fastened at the end of the bed.		
21	Attached the weight to the hook on the rope, usually 5 to 10 pounds (2,5 – 5,0kg) for an adult.		
22	Gently let go of the weight.		
23	Checked that the weight hanged freely, not touching the bed or the floor.		
24	Checked the patient's alignment with the traction.		
25	Checked the boot (skin traction belt from kit) for placement and alignment making sure the line of pull is parallel to the bed and not angled downward.		
26	Removed gloves.		

27	Performed hand hygiene using correct technique.													
28	Documented the procedure in the patient's notes.													
29	Returned the equipment to the dedicated area.													
<b>1. SKILL EVALUATION 60%</b>														
Steps	0	1-3	4-6	7-9	10-12	13-14	15-18	19-21	22-24	25-27	28-29	Skill steps achieved		
Points	0	6	12	18	24	30	36	42	48	54	60	Skill points achieved		
Level	F						U	N	S	C	I	Skill level achieved		
<b>2. PROCEDURE ASPECTS EVALUATION 40%</b>														
<b>Rationale 10%</b>			<b>Patient Focus 10%</b>			<b>Professional Manner 10%</b>			<b>Time 10%</b>					
Failed			5			Failed			5			Failed +10		5
Unsatisfactory			6			Unsatisfactory			6			Unsatisfactory+8		6
Novice			7			Novice			7			Novice +6		7
Supervised			8			Supervised			8			Supervised +4		8
Competent			9			Competent			9			Competent +2		9
Independent			10			Independent			10			Independent TA		10
<b>Notes:</b>												Time allowed (TA)	<b>30</b>	
												Time achieved		
												Aspects points achieved		
<b>3. COMPLETE PROCEDURE EVALUATION 100%</b>														
≤50	51-60		61-70		71-80		81-90		91-100		Total points achieved			
Failed	Unsatisfactory		Novice		Supervised		Competent		Independent		Total level achieved			
Student						Signature							<b>Actual Mark/Out of</b>	
Teacher						Signature								
Clinical Area						Date								