



2023-2024 Academic Year

Spring Semester



Interpersonal Dynamics & Character Building

IDCB

Faculty of Nursing
Department of Nursing
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26/03/2024

IDCB Course Objectives

- IDCB aims to support students in their process of self–development, and character-building.
- IDCB helps learners assign relevant meaning to the outside world.
- IDCB helps students equip themselves with the skills they need to establish a balance between themselves and the outside world in the framework of the Sustainable Development Goals (SDG) initiated by the United Nations (UN).

WHY?

IDCB

A
significant positive
impact on learning
and academic
success

Effective study
habits

Building confidence

WHY?



IDCB Course Contents

- Trustworthiness
- Communication Skills
- Quality Education & Fight against Ignorance
- Problem Solving
- Peace, Justice, & Fairness
- Culture of Co-existence
- Collaboration and Partnership
- Love & Compassion
- Prosperity & Elimination of Poverty
- Love of Homeland & Patriotism
- Cleanliness & Personal Hygiene
- Positive Attitude
- Etiquette (Student Lecturer Relationships)
- Time Management

IDCB Rubric

EVALUATION CRITERIA	Percentage (%)
Homework/Field Trips (with evidence)	10
Participation (class talks)	10
Social Responsibility Project Proposal Presentation/Poster Presentation	20
Participation in a Community Project (with evidence)	40
Reflection Paper on the Community Project or recording your reflection in video.	20
TOTAL	100

Community Projects

1	Book Fair	11	Packing food for the needy in Ramazan
2	Breast Self-Examination Community Project	12	Developing and designing a Library Catering to Children Affected by Cancer (Nanakaly Hospital)
3	Interactive Orphanage Website	13	Nanakaly Child Cancer Project
4	The development of a "Sadaqah" Fundraising Platform	14	Clean and Green: Together for a Brighter Future
5	Orphanage Home	15	Elderly Home in Erbil
6	Clean & Love Kurdistan	16	Erbil Autism Center
7	Extravagance (Israf) Project	17	Fight Against Addictions (Drug, Smoking, Technology) Project/ Bad habits
8	Deaf Hiwa Institute	18	Erbil Orphanage Home (Boys & Girls)
9	Seeing Abilities not Disabilities; Promoting Disability Awareness	19	School Dental Care Project
10	Tree Planting Project	20	Motivation for Physics Learning in High Schools in Erbil

Community Projects

21	Opening courses for Orphanage house	31	Erbil Juvenile Prison
22	Light a candle for those left behind	32	Erbil Nursery Home
23	Anesthesia	33	Erbil Nursery Home (Erbil Infirmary House Dental Care Project)
24	Art workshop for Orphanage	34	General Health Education on Disease Prevention Community Project
25	Awat Institute for Educational Brain	35	Health screening of general population
26	back to school project	36	ICT (Information & Communication Technology) Course to Public School Teachers
27	Blood Donation	37	Martyrs Kids Project
28	Climate change awareness	38	Mercy Corner Project
29	Darashakran Refugee Camp schools	39	Metabolic Syndrome as a FOE!
30	Draw your future	40	Occupational Health safety community project

Community Projects



41	Organize a drug-free campaign	51	Teach (calculus, Art, language, etc.) to underprivileged children and mentor them to become more educated.
42	Organizing a team to read short stories to a children's hospital and give the short stories as a gift.	52	Train girls and children for self-defense
43	Public awareness of how social media could be used by kids or teenagers and spend time with their family rather than using social media.	53	translated book for child
44	Raising Dental Awareness Project	54	Tutoring Project for Wezari Students
45	School health environment community project	55	Volunteer Teachers Project for Refugee Camp.
46	Security of food production community project	56	Water Sanitation Process community project
47	Shopping for Erbil Orphanage Children on Eid	57	Thalassemia Institute
48	Social Media Awareness and how could be used by Highschool Students	58	Youth mappers
49	Soft-Skills Workshops to Traffic Policemen	59	Unity in Education: Community Support for Our School
50	Stay against Paint over graffiti.		

Reflection Paper Content (Min. 1000 words in a narrative mode)

- What was the project about?
- Who was the supervisor of the project and how many people participated in it?
- What has inspired you to get involved in this project?
- How did you plan the project?
- What was your role in the project?
- How were you feeling before the project was executed?
- How did the project pass?
- What difficulties did you encounter during the project?
- How were you feeling after the project was executed?

IDCB

Best of Luck