# Genetic Disorders & Diseases

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- Genetic diseases are disorders caused by abnormalities in an individual's genome
- They can be inherited from parents or arise spontaneously due to new genetic mutations
- •Genetic diseases can affect a wide range of bodily functions and systems

- Types of Genetic Diseases
- Monogenic diseases caused by a mutation in a single gene
- Examples: Cystic fibrosis, Huntington's disease, sickle cell anemia
- Polygenic diseases caused by mutations in multiple genes
- Examples: Diabetes, cancer, heart disease
- Mitochondrial diseases caused by mutations in mitochondrial DNA
- Examples: Leber's hereditary optic neuropathy, Kearns-Sayre syndrome

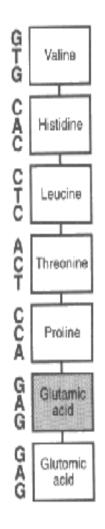
## Causes of Genetic Diseases

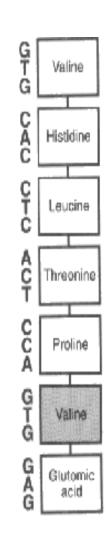
- Gene mutations
- Point mutations, deletions, insertions, repeats
- Chromosomal abnormalities
- Down syndrome, Turner syndrome, Klinefelter syndrome

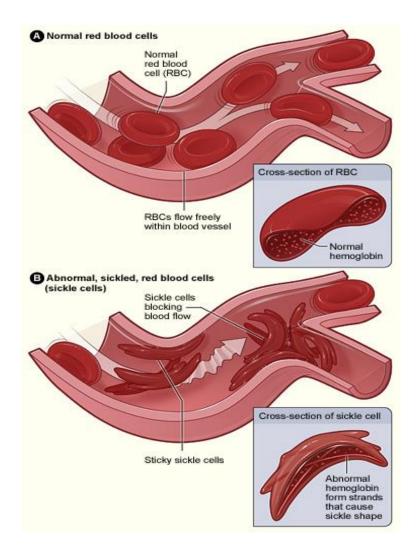
## Genetic Disorders

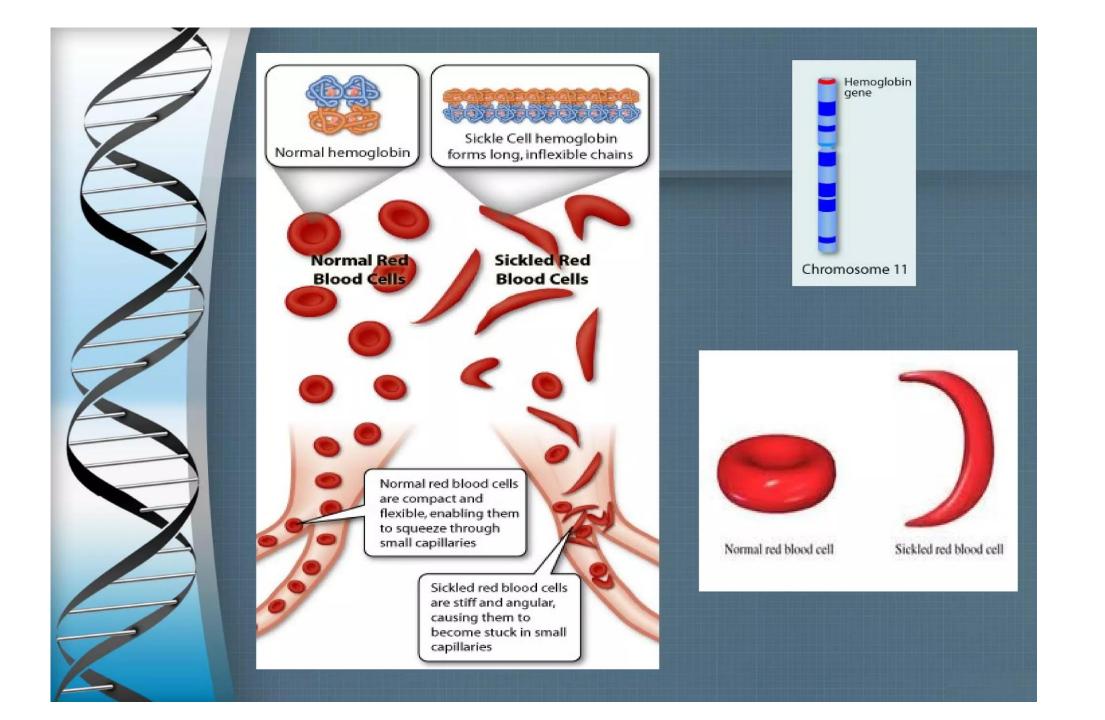
- Genetic Disorders can also be caused by recessive defective alleles:
  - Each parent carries 1 recessive allele. Offspring may inherit the defective allele from both parents and get the disease.
    - Sickle cell
    - Phenylketonuria
    - Tay-Sachs
    - Cystic Fibrosis
    - Huntington's Disease

## Sickle Cell









## Phenylketonuria - PKU

- Most children are screened at birth for PKU
- Can lead to mental retardation
- Smaller than normal head
- Epilepsy

Deficiency in the enzyme <u>phenylalanine hydroxylase</u> (PAH). This enzyme is necessary to metabolize the amino acid phenylalanine to the amino acid tyrosine

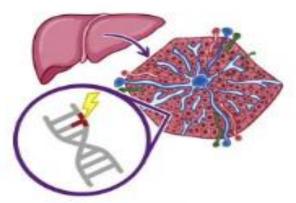
## PKU

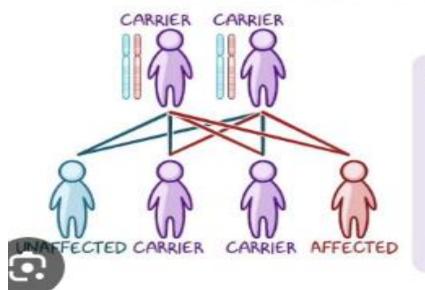
### \* AUTOSOMAL RECESSIVE GENETIC DISORDER

- MUTATION in GENE that codes for HEPATIC ENZYME PHENYLALANINE HYDROXYLASE

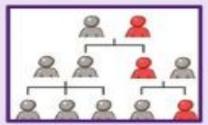
- TWO COPIES OF MUTATED GENE







### PKU is MORE COMMON in:



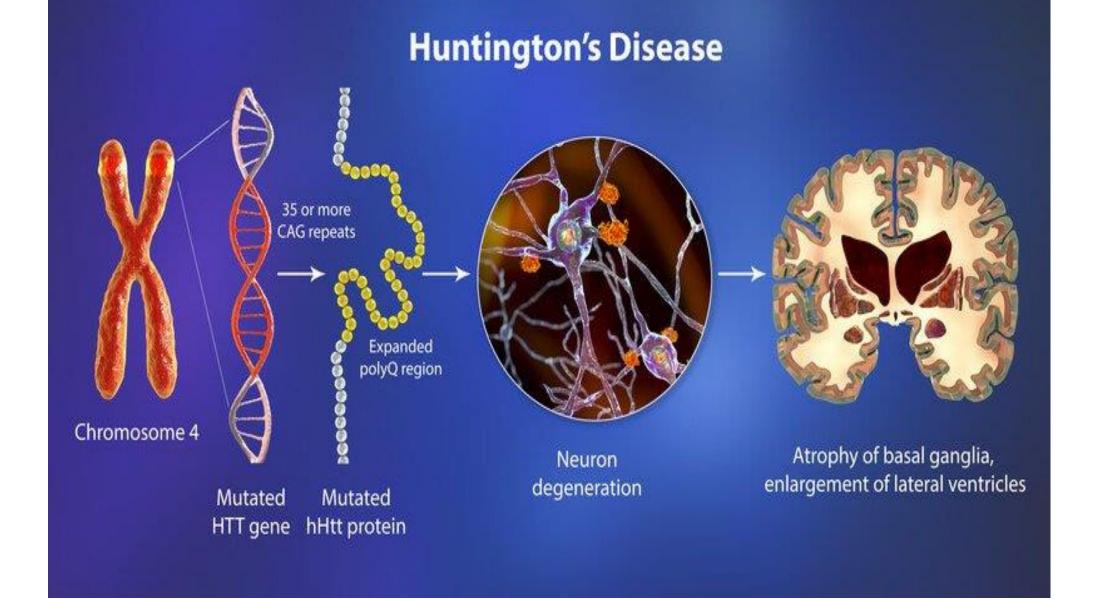
CLIENTS W/ FAMILY HISTORY



CLIENTS who COME from SAME REGION

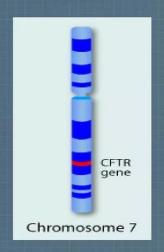
- Huntington's Disease dominant disease, you need to inherit only 1 copy of the disease to have it. Abnormal protein is produced, and you start to kill brain tissue occurs around middle age, mood swings, paralysis, loss of memory, uncontrolled movements and eventually death
  - 1 in 20,000 in western hemisphere, 1 in 1 million in Asia

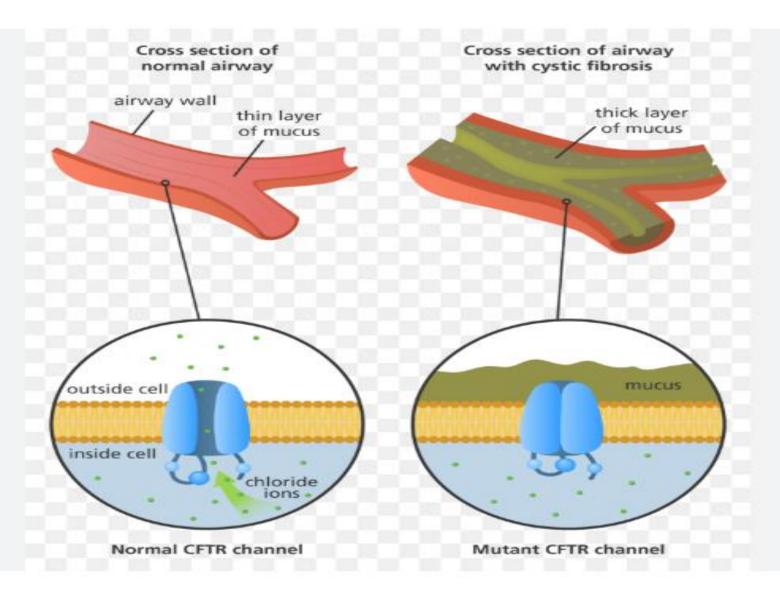
- Cystic Fibrosis recessive disorder, a genetic mutation stops the production on a protein of cells in the lung, pancreas or other organ
  - Affects about 1 on 2500 births in the US



## 1-a. Cystic Fibrosis:

- Cystic fibrosis is a genetic disorder that affects the respiratory and digestive systems.
- People with cystic fibrosis inherit a defective gene on chromosome 7 called CFTR (cystic fibrosis transmembrane conductance regulator).
  - The protein produced by this gene normally helps salt (sodium chloride) move in and out of cells.



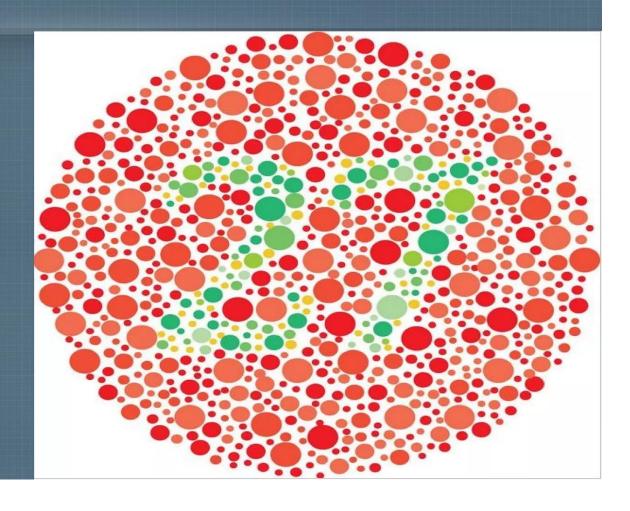


# What is Color blindness???

- It is a genetic disorder that is the inability to distinguish different colors of the spectrum
- It's caused by X- linked mutation in either the long- (L) or the middle- (M) wavelength-sensitive visual photo pigments.
  - People diagnosed with color blindness can see limited range
  - In a rare condition you can only see shades of gray.
- Color blindness is a trait that is only found on the x- chromosome

## Colorblindness:

Mutated genes are located on the Xchromoso me (for red/green color blindness) or both the X and Y chromoso mes (for total color blindness). What about you? Try it:



## **Genes Responsible**

- Mutations in the OPN1LW, OPN1MW, and OPN1SW genes cause the forms of color vision deficiency.
- The OPN1LW, OPN1MW, and OPN1SW genes provide instructions for making the three opsin pigments in cones

OPN1LW-Long wavelength, located on X chromosome at position Xq28

OPN1MW-Medium wavelength, position Xq28

OPN1SW-Short wavelength, Chromosome 7, Position-7q32.1

 Genetic changes involving the OPN1LW or OPN1MW gene cause red-green color vision defects. These changes lead to an absence of L or M cones or to the production of abnormal opsin pigments.

### DOWING

# Marfan Syndrome

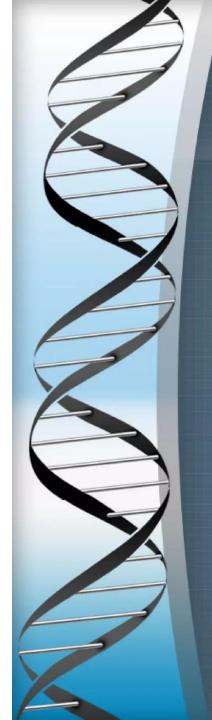
- Marfan syndrome is an inherited connective tissue disorder
- Autosomal dominant
- Results from molecular defects in the fibrillin gene, (FBN1) on chromosome 15 (q15-q21)
- Impaired structural integrity of the skeletal, ocular, and cardiovascular systems

Angelman syndrome is a rare genetic disorder that affects the nervous system. Here are some key facts about Angelman syndrome:

Cause: Angelman syndrome is caused by the loss or malfunction of the UBE3A gene on chromosome 15. This gene is important for brain development and function. Individuals with Angelman syndrome often have a characteristic "happy puppet" appearance.







# 2-e. Williams Syndrome

- Williams syndrome is a rare genetic disorder that affects a child's growth, physical appearance, and cognitive development.
- People who have Williams syndrome are missing genetic material from chromosome 7, including the gene elastin.



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