



**Faculty of Nursing**

# **School Health Program**

**Assist. Prof. Dr. Sangar M. AHMED**

**Course name : Community Health Nursing**

**Week No. 9 2024-2025**

E. mail: [sangar.ahmed@tiu.edu.iq](mailto:sangar.ahmed@tiu.edu.iq)

@Dr.Sangarjaff

# Objectives Of School Health Service

1. The promotion of positive health
2. The prevention of diseases
3. Early diagnosis, treatment and follow up
4. The provision of healthful environment.



## **School Health Program :**

A school health program refers to all activities that contribute to the initiation, maintenance and improvement of the health school children and personnel.

# **A planned and organized school health program includes:**

1. Administrative regulations that provide human resource and facilities to participate in school program
2. Policies acceptable to the school & health service
3. Co-operative study to all factors affecting the health of school children.
4. Co-operative planning at all levels.

## **A planned and organized school health program includes:**

5. Health education, especially health as a part of every day school lesson
6. Measures for the promotion of positive health
7. Environmental sanitation
8. Nutrition
9. Provision of health service
10. Evaluation of the program

# **The School Nurse**

the school nurse is one of several people who is positioned to provide leadership for a coordinated school health program. The nurse not only has medical knowledge, but should also have formal training in health education and an understanding of the health needs of all children in kindergarten through the twelfth grade.

# Roles of school Health Nurses

- Provides direct healthcare to student & staff
- Provides leadership for the provision of health services
- Provides screening and referral for health conditions
- Promotes a healthy school environment
- Promotes health
- leadership role for health policies and programs
- liaison between school personnel, family, community, and health care providers.

## **Role: Direct care**

- Performs comprehensive & systematic health assessment
- Analyzes data to identify health problems
- Develops individualized healthcare plan and refers for further follow up (children with chronic conditions or special needs)
- Provides ongoing health information to students, parents and school authorities
- Documents care & maintains records



## **Role : Leadership**

- Development of plans and training staff in emergencies and disasters
- Maintain confidentiality in communication and documentation
- Appropriate delegation of care (initial assessment, training, competency validation, supervision, and evaluation)

## **Role : Screening and referral**

- A. Screening** : vision, hearing, posture, body mass index, etc
- B. Refer** in timely manner
- C. Recognize** any deviation from normal growth development and behavior

# **Role : Promote healthy school environment**

1. Monitors immunization
2. Assures appropriate exclusion and re-entry into school
3. Reports communicable diseases
4. Assesses the physical environment (playground, indoor air quality, review illness or injury)
5. Participates in developing a plan for prevention and management of hazards
6. Assesses emotional environment of school (bullying, violence, suicide prevention plan)

## **Role : Promotes Health**

- Provides health education to students, parents, teachers & communities
- Assists in development of health education curriculum
- Promotes health in school health councils

# **Role : Leadership for health policies and programs**

- Documents and prepares report (legal, regulatory and policy requirements)
- Utilizes critical thinking, time management, problem solving skills in management of care
- Adapts leadership and management style to changing circumstances

## **Role : Liaison**

- Serves as liaison between school, home and community
- establish working relationship with pediatricians to ensure individualized health plans are executed
- communicates with family through phone written communication

# School Health Team

1. The school principal
2. The school teacher
3. The parents
4. The community
5. The children
6. The medical officer
7. The school health nurse/ community health nurse



8. Dental health

9. Eye health

10. Health education

11. Education of the handicapped children

12. Maintenance and use of school health records





