



ENZYMES OF CLINICAL IMPORTANCE I

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Advanced Clinical Biochemistry II (MA 416)
Summer Semester
Lecture Five
24/08/2026



Outlines

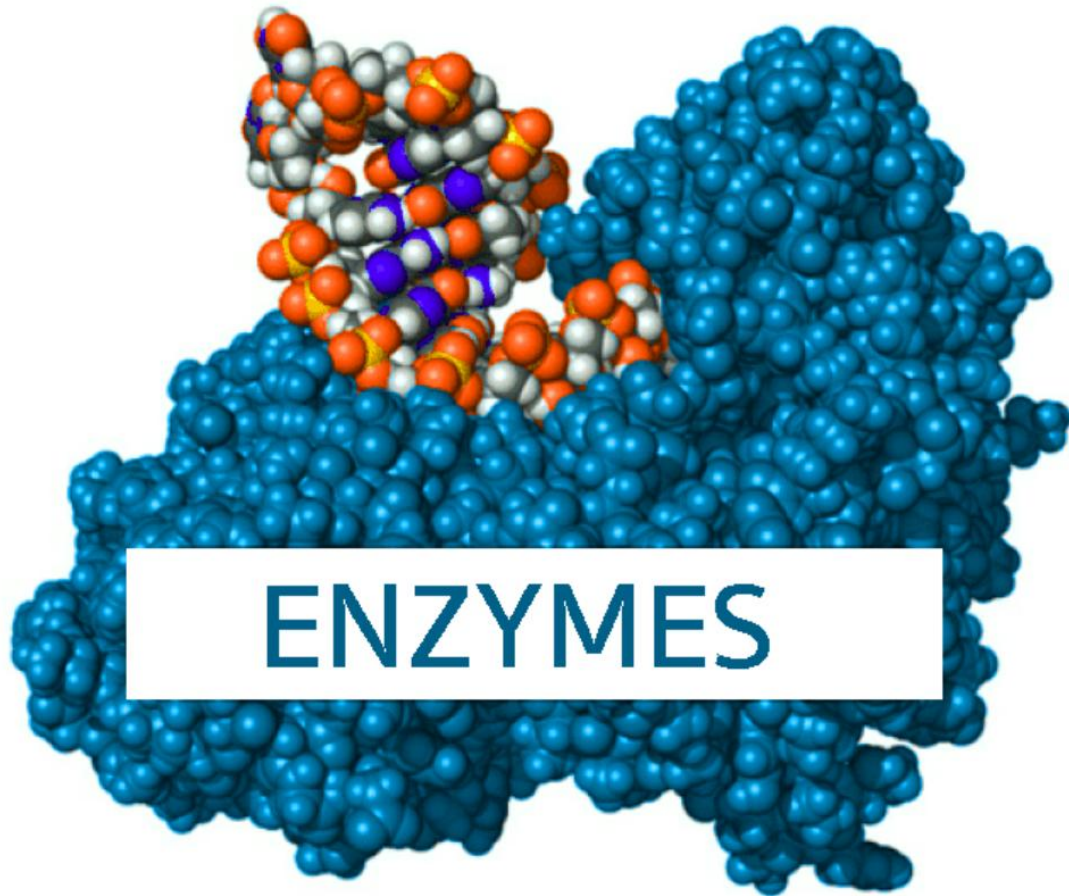
- Introduction to enzymes
- Classification and properties
- Clinical enzyme assays and diagnostic relevance

Objectives



❑ **At the end of this lesson, the students should be able to:**

- Define enzymes and explain their biological role
- Describe enzyme structure and specificity
- Classify enzymes based on EC classification
- Discuss factors affecting enzyme activity
- Explain enzyme inhibition and regulation
- Describe clinical applications of enzymes in diagnosis



Introduction

- Enzymes are biological catalysts that speed up biochemical reactions.
- Mostly proteins (some are RNA called ribozymes).
- They increase reaction rate by lowering activation energy.
- Enzymes are not consumed in reactions.

▪ Example:

- Catalase breaks down hydrogen peroxide:
$$2\text{H}_2\text{O}_2 \longrightarrow 2\text{H}_2\text{O} + \text{O}_2$$

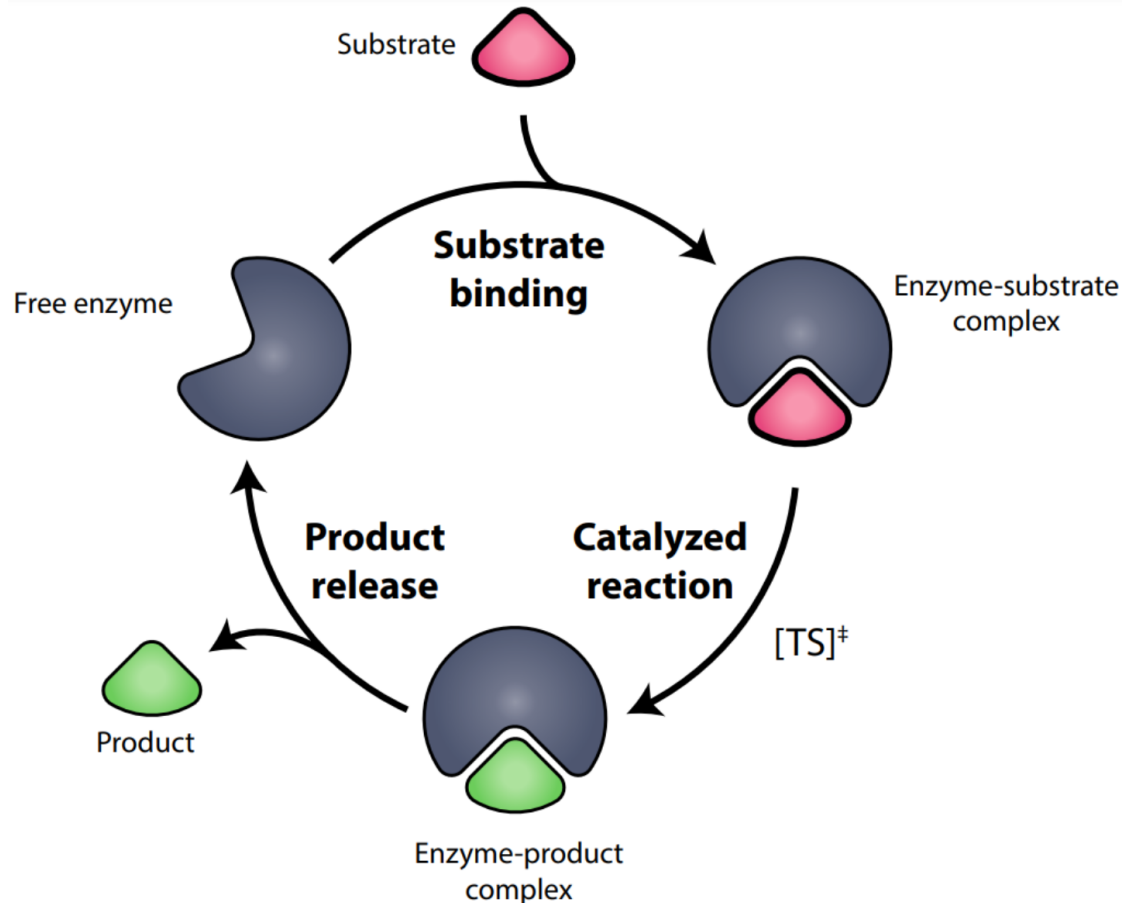
Importance of Enzymes in the Body

■ Functions

- Metabolism (glycolysis, Krebs cycle, lipid metabolism)
- Digestion (amylase, lipase, protease)
- DNA replication and repair (DNA polymerase)
- Detoxification (cytochrome P450 enzymes)
- Energy production (ATP synthase)
- Signal transduction (protein kinases)

■ Clinical relevance:

- Enzyme abnormalities indicate tissue injury.



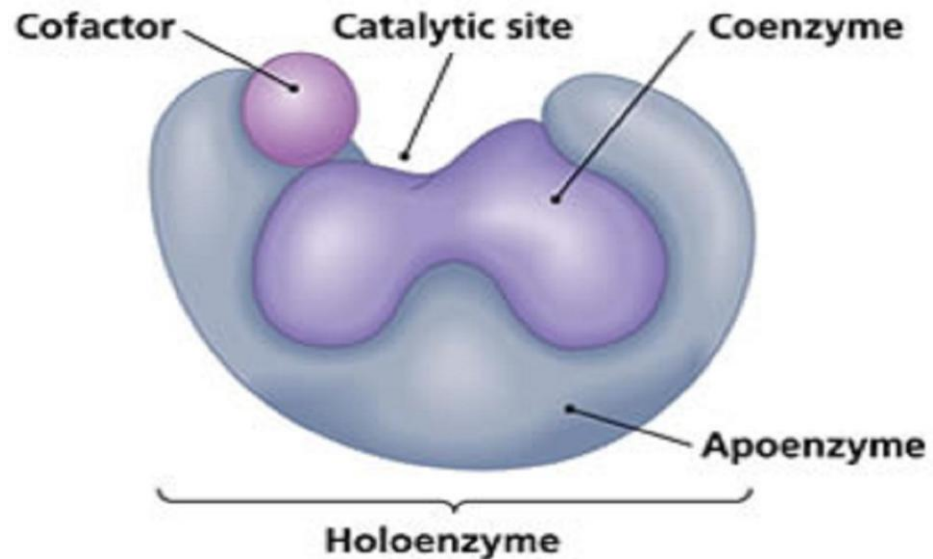
Enzyme Structure

■ Structural Components

- Apoenzyme: protein part of an enzyme.
- Cofactor: non-protein portion needed for activity
- Holoenzyme: apoenzyme + cofactor (active enzyme)

■ Types of Cofactors

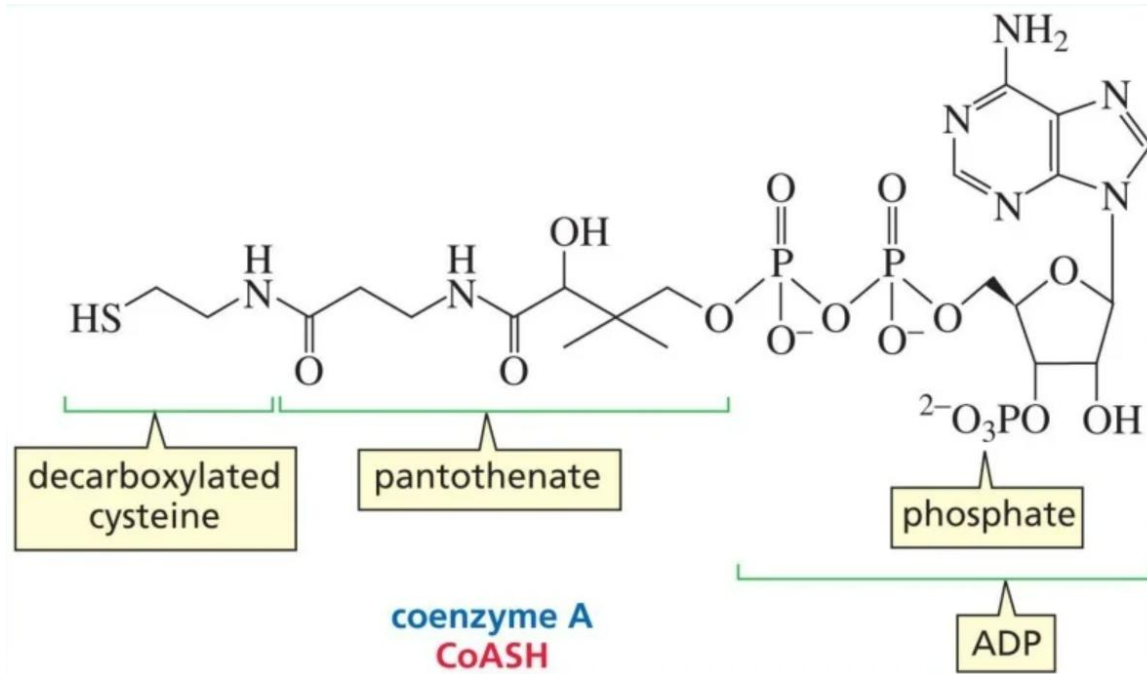
- Metal ions: Mg^{2+} , Zn^{2+} , Fe^{2+}
- Coenzymes: organic molecules (vitamin-derived)
- For Example: Zn^{2+} is required by carbonic anhydrase

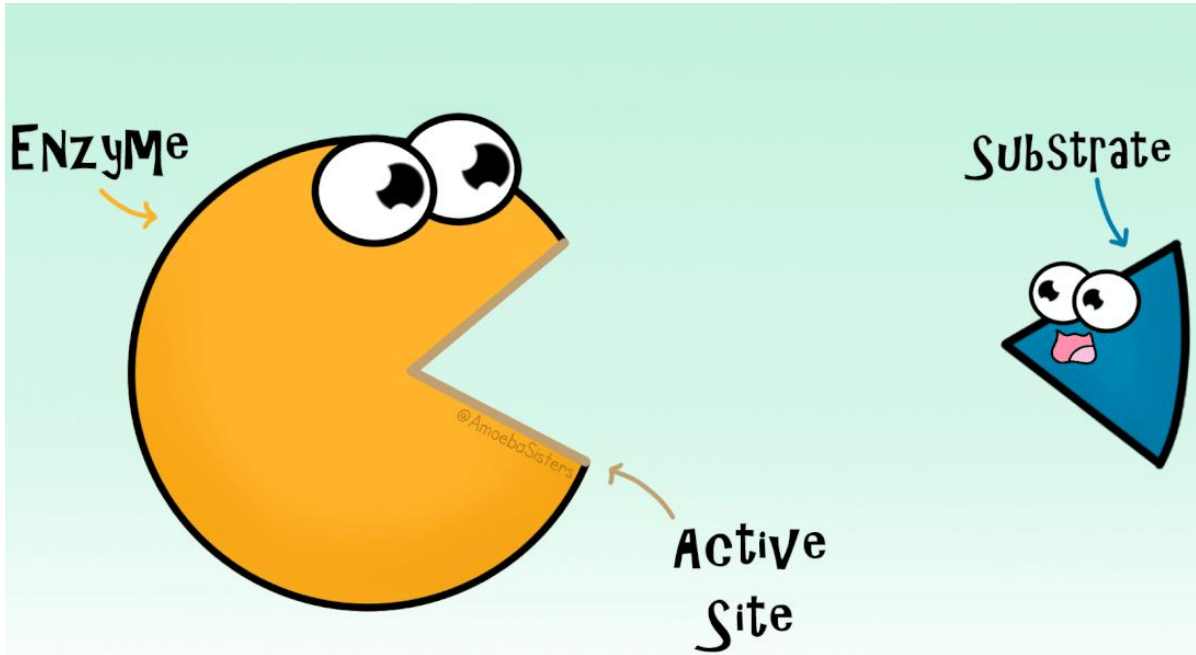


Coenzymes and Vitamins

Common Coenzymes

- NAD^+ / NADP^+ (from niacin, Vitamin B3)
- FAD / FMN (from riboflavin, Vitamin B2)
- Coenzyme A (from pantothenic acid, Vitamin B5)
- TPP (from thiamine, Vitamin B1)
- Pyridoxal phosphate (Vitamin B6)
- Clinical note: Vitamin deficiency reduces enzyme function.





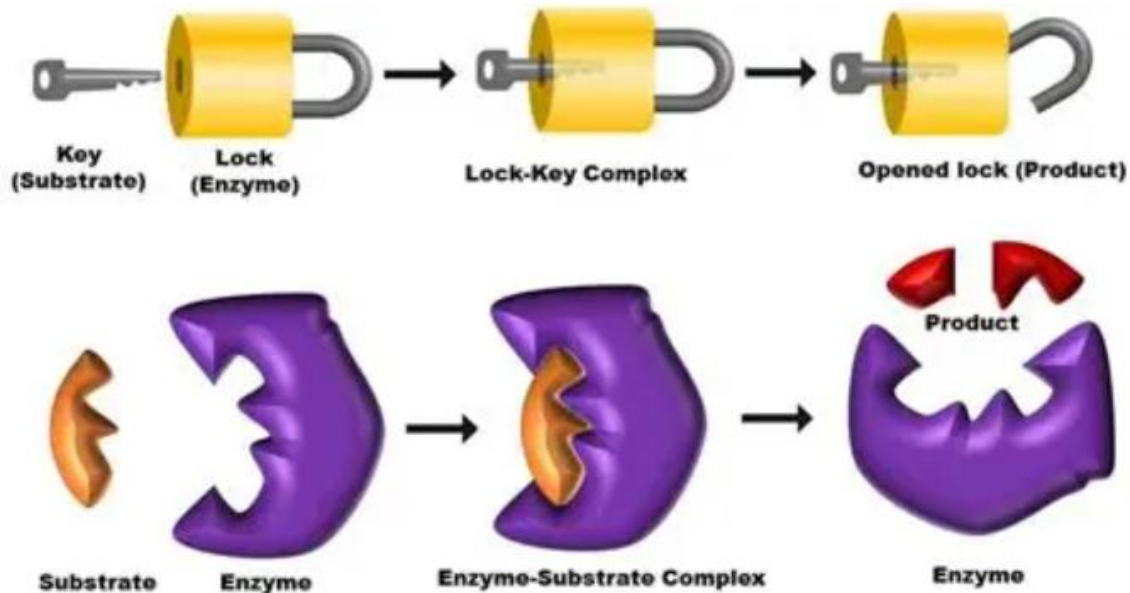
Active Site and Enzyme Specificity



- Active Site is a region where substrate binds and reaction occurs. It contains amino acid residues responsible for catalysis.
- Specificity Types
 - **Absolute specificity:** acts on one substrate only (e.g., urease acts on urea)
 - **Group specificity:** acts on related substrates (e.g., hexokinase acts on glucose, fructose)
 - **Bond specificity:** acts on a specific bond type (e.g., lipase breaks ester bonds)
 - **Stereospecificity:** acts on one stereoisomer (e.g., L-amino acid oxidase)

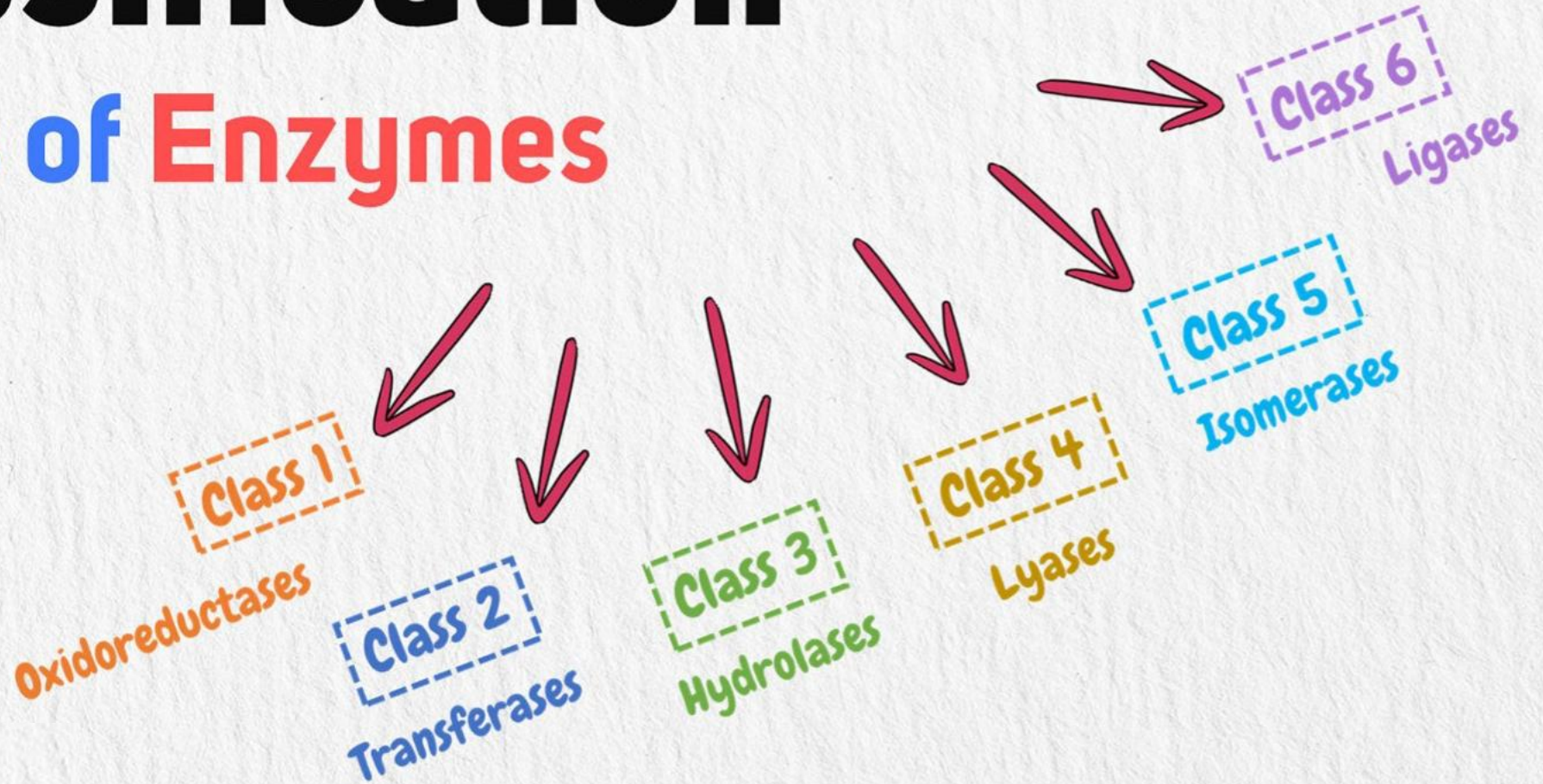
Lock-and-Key Model

- Active site is rigid and complementary to substrate.
- Induced Fit Model (More Accepted).
- Active site changes shape when substrate binds.
- Enhances catalytic efficiency.
- Clinical significance: Many drugs work by binding enzyme active sites.



Classification

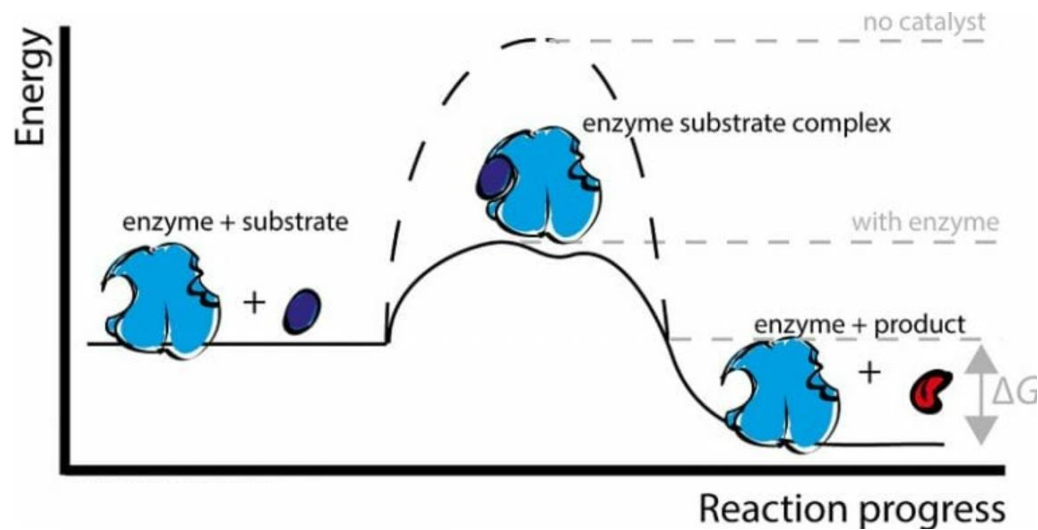
Basics of Enzymes



EC Classes with Examples

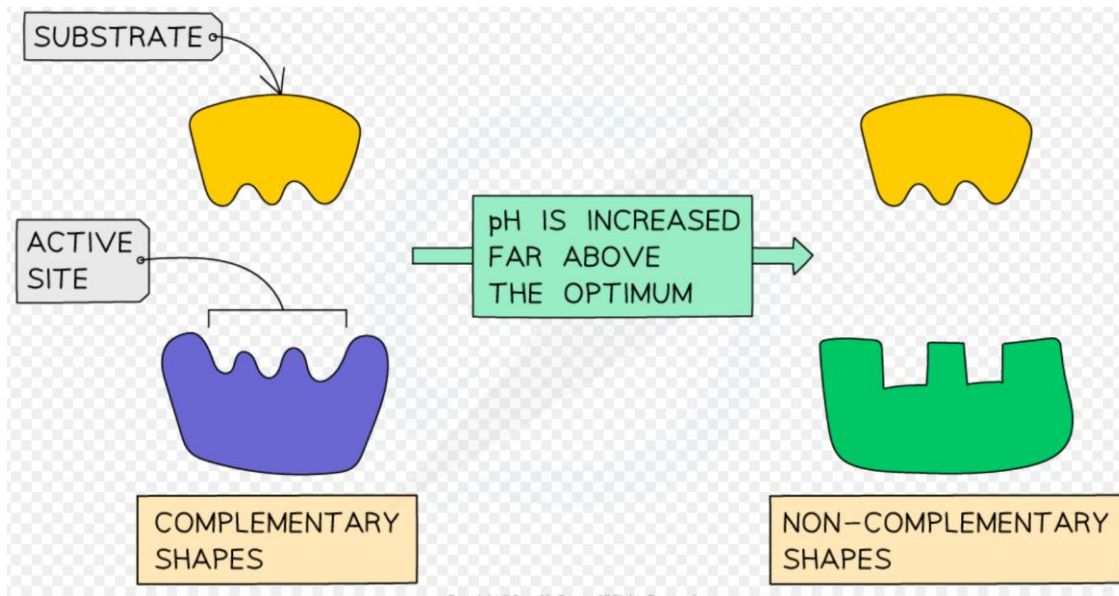
- Oxidoreductases catalyze oxidation-reduction reactions. Example: Lactate dehydrogenase (LDH)
- Transferases transfer functional groups. ALT and AST are the typical examples.
- Hydrolases break bonds using water. Eg. Amylase, lipase
- Lyases add or remove groups without hydrolysis, seen in Fumarase action.
- Isomerases convert one isomer to another, they include Phosphoglucose isomerase.
- Ligases join molecules using ATP such as DNA ligase

Mechanism of Enzyme Action



- Enzymes accelerate reactions by:
 - Lowering activation energy (E_a)
 - Stabilizing transition state
 - Proper orientation of substrates
 - Providing suitable microenvironment
 - Straining substrate bonds
- Enzymes do not change ΔG or equilibrium.

Factors Affecting Enzyme Activity



■ Temperature

- Activity increases with temperature up to optimum (~37°C in humans).
- High temperature causes enzyme denaturation.

■ pH

- Each enzyme has an optimum pH.
- Extreme pH disrupts ionic bonds.

- Pepsin optimum pH = 2
- Trypsin optimum pH = 8

Effect of Enzyme and Substrate Concentration

- **Enzyme Concentration:**

- Higher enzyme concentration increases the reaction rate if the substrate is sufficient.

- **Substrate Concentration:**

- Reaction rate increases until enzyme saturation.

- **Product Concentration:**

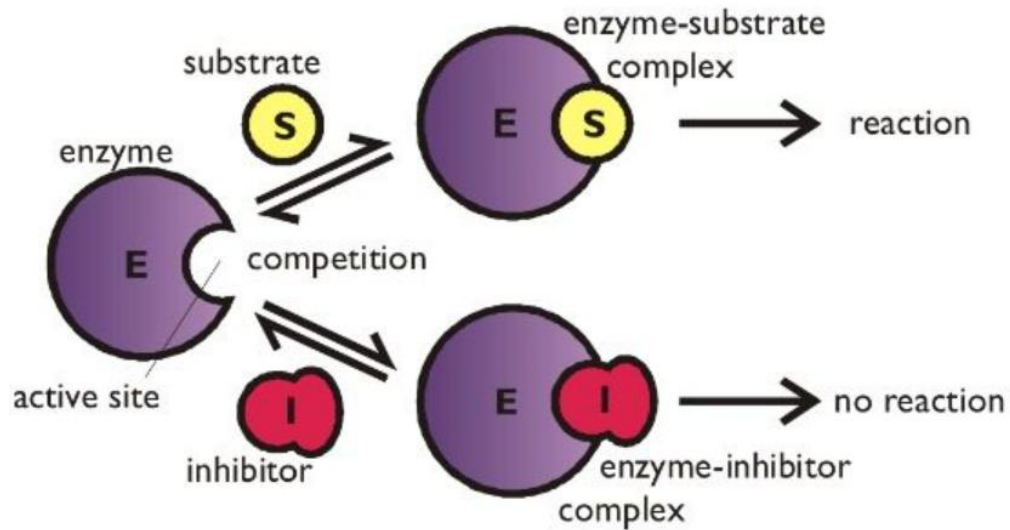
- Excess product may inhibit enzyme activity (feedback inhibition).

Enzyme Inhibition

■ Types of Inhibition

- Competitive inhibition
- Non-competitive inhibition
- Uncompetitive inhibition
- Irreversible inhibition

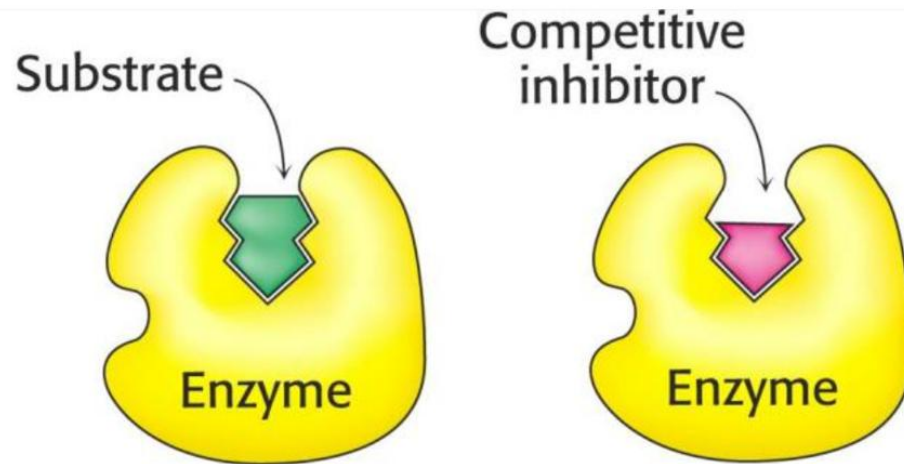
- Enzyme inhibitors are clinically important in drug therapy.



Competitive vs Non-Competitive Inhibition

■ Competitive Inhibition

- Inhibitor resembles substrate
- Binds to active site
- K_m increases, V_{max} unchanged
- Can be overcome by increasing substrate
- Example: Statins inhibit β -Hydroxy β -methylglutaryl-CoA (HMG-CoA) reductase.

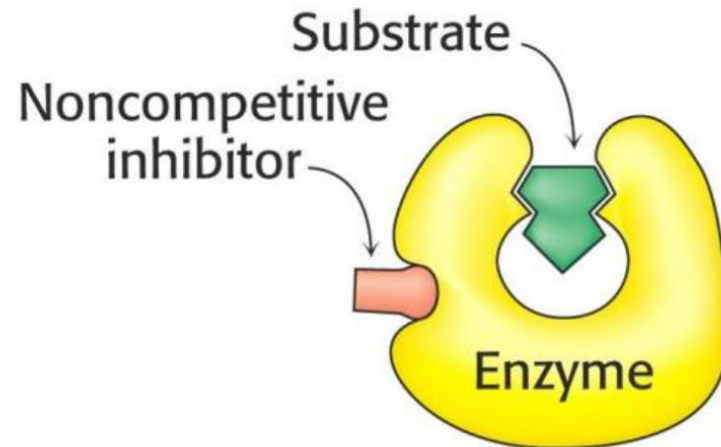


Cont.

▪ Non-Competitive Inhibition

- Inhibitor binds to enzyme outside active site
- Changes enzyme shape
- V_{max} decreases, K_m unchanged
- Cannot be overcome by increasing substrate

▪ Heavy metals inhibiting enzymes.



Isoenzymes and Clinical Diagnosis

- Isoenzymes (Isozymes)
 - Different molecular forms of same enzyme
 - Catalyze same reaction
 - Found in different tissues
- Clinical LDH isoenzymes are found in heart, liver and muscle
- CK isoenzymes:
 - CK-MM (skeletal muscle)
 - CK-MB (cardiac muscle)
 - CK-BB (brain)
- Isozymes helps identify source of damage in tissue.

Major Highlights

- Enzymes are biological catalysts that speed up a biochemical reactions without partaking into the reactions.
- They exist as halo or apo forms, which requires cofactors to perform their actions.
- Coenzymes is an organic non-proteneous moieties required by the apoenzymes to become halo enzymes.
- Active sites and allosteric sites are the key components of an enzyme.
- Enzymes are classified into 6 major classis according to their functions.
- Temperature, pH, substrate and Enzyme concentrations affects their function.
- Enzyme inhibition exist as competetive, uncompetitive and non-competitive.
-
- Isozymes are the same enzymes with similar functions but exist in different compartments.



Interaction

- Why do organisms need enzymes to live?
- Enzymes exist as _____ and _____ forms
- Enzymes are highly specific in nature. What does that mean?.
- Differentiate between cofactor and coenzyme
- Mention at least 2 known coenzymes and their sources.
- What are the common electrolytes use by enzymes?
- Why is enzyme active site important?
- Highlight the factor that affect enzyme activities
- Explain how enzyme speed up a biochemical reaction.
- Differentiate between non-competitive and uncompetitive enzyme inhibition.



Next Lecture

Enzymes of clinical importance II

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